

# Cultivating an Abundance Mindset

Free training opportunity for HIPMC, Synapse, and Health Disparities funded partners only.



## What does it mean to have an abundance mindset?

Abundance mindset is defined as an attitude and mindset focused on possibility, despite limits, to help individuals lead more resilient and creative lives. Join us for training covering the foundations of an abundance mindset- what it is, how it works, and how you can apply it to your life and way of thinking!

**Developed & facilitated by  
Dr. Enjolie Lafaurie**

Co-Founder and CoMadre of Development for the Cihuapactli Collective



**Register for an upcoming session: [bit.ly/amindset](https://bit.ly/amindset)**

### **Virtual, Self-paced**

June 19th - July 5th, 2023

[Register for link.](#)

### **In-person, Part 1**

June 22nd, 2023, 1 - 4 PM

The Sagrado Galleria  
6437 S. Central Ave.  
Phoenix, AZ 85042

### **In-person, Part 2**

June 29th, 2023, 1 - 3 PM

The Sagrado Galleria  
6437 S. Central Ave.  
Phoenix, AZ 85042

Accommodations can be made for individuals who need visual or auditory support.

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