American Lung Association.

# Poor Air Quality Impacts Lung Health Virtual Webinar

Join the American Lung Association to learn how poor air quality can harm your lung health in a free, 45-minute virtual webinar. This opportunity is ideal for individuals living with a lung disease (asthma, COPD, etc.) and caregivers.

Register here!

During this webinar you will learn:

- What causes poor air quality
- How poor air quality harms your lung health
- Ways to protect your lung health on poor air quality days

Contact Emily.Reising@lung.org for more information.