Cultivating Positivity in Caregiving

Join us for a FREE online event!

Thursday,
April 17th, 2025
1:30 - 2:30 p.m.

Register today at web.zoom.us



Janice Greeno, MA

Janice Greeno will share research highlighting the importance of positivity in caregiving. It lifts spirits and can enhance overall quality of life and well-being. Learn evidence-based tips to improve coping skills and emotional well-being throughout the caregiving journey.



Janice Greeno is the Senior Outreach Program Manager at Banner Sun Health Research Institute and Banner Alzheimer's Institute, as well as the Dementia Friendly Arizona State Lead.

Presented by the Northern Arizona Alzheimer's and Dementia Alliance
For more information, contact: info@nazada.org

Banner
Alzheimer's Institute &
Sun Health Research Institute

COCONINO COUNTY ARIZONA
Health & Human Services