

## IN THIS EDITION

**COVID-19  
Delta Variant**

**COVID-19  
Vaccine**

**HIPMC Quarterly  
Partner Meeting**

**FREE Vaping  
Webinar**

**Rise for Health  
Study**



**COVID-19  
Vaccine Event  
Updates**



Join the  
**Vaccination Event Alerts**  
to learn about neighborhood  
vaccination opportunities:  
<https://public.govdelivery.com/accounts/AZMARIC/signup/22506>



**HEALTH IMPROVEMENT  
PARTNERSHIP OF  
MARICOPA COUNTY**  
[www.hipmc.org](http://www.hipmc.org)

### **COVID-19 Delta Variant**

The Delta variant is a more contagious strain of COVID-19 and it is **spreading more widely in our community**. That makes it even more important to get your full series of vaccine for maximum protection (two doses of Pfizer or Moderna or one dose of Johnson & Johnson). People who have not been fully vaccinated for COVID-19 are most at risk of getting the Delta variant.

**Find a vaccine near you**, or click here if you have questions about vaccines.

A small Shot Does A lot Campaign.

Click [HERE](#) to watch the video

#### **FEATURED VIDEO**

**A Small Shot Does A Lot**



COVID-19 cases are on the rise due to the Delta variant. Protect yourself and your loved ones. Get vaccinated!

# HIPMC Virtual Quarterly Partner Meeting

Join us for our next HIPMC Quarterly Partner Meeting. Maricopa County Dept. of Public Health will be sharing important information around the three County priority areas:

- Access to Care,
- Access to Food
- Early Childhood Development.

Please make sure you select a breakout room you want to be part of the conversation.



**Register Here**



To watch last HIPMC Virtual Quarterly Partner Meeting please visit  
**HIPMC Meeting Archives**

**Past Meetings - Minutes and Materials**

# FREE Webinar



## Teens and Vaping

Teens are putting down cigarettes and picking up vapes. Tragically, vaping has become the new youth tobacco epidemic.

Join us and local expert from notMYkid to hear about the alarming trends impacting Arizona teens.

**Presented in English**

**Date:** Tuesday, August 17<sup>th</sup>  
**Time:** 11:30AM - 12:30PM

## Adolescentes y Vapeo

Los adolescentes están dejando los cigarrillos y fumando vaporizadores. Trágicamente, el vapeo se ha convertido en la nueva epidemia de tabaquismo juvenil.

Únete a nosotros y un experto local de notMYkid para escuchar sobre las alarmantes tendencias que afectan a los adolescentes de Arizona.

**Presentado en español**

**Fecha:** Jueves, 19 de Agosto  
**Hora:** 11:30AM - 12:30PM



**Register Here!**



**Registre Aquí!**

For more information contact:

Cindy Quintero at [cindy.quintero@heart.org](mailto:cindy.quintero@heart.org) or call 602-414-5330

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# RISE FOR HEALTH STUDY

**Dr. Dorothy and her team at Arizona State University are currently conducting a research study in sitting time.**



## ARE YOU ELIGIBLE?

### ARE YOU?

- A woman age 55+?
- Postmenopausal?
- Interested in research?

### DO YOU?

- Spend a lot of time sitting down?
- Consider yourself overweight?

IF YES... We are conducting a research study and wondering of you would like to participate!

- If you are eligible, you will participate in 3 study visits of 7 hours each.
- At each visit you will sit in comfortable chair for 6 hours during which you will intermittently stand up for brief periods of time.
- The 1st screening visit and 3rd study visits will be completed within 4-6 weeks.
- You may receive up to \$260 if you participate in all study activities.

For more information about  
**RISE FOR HEALTH**

Please contact us at:

**602-543-4249**

**RiseforHealth@exchange.asu.edu**

If you want to share your information please email:  
[Alejandra.Zavala@maricopa.gov](mailto:Alejandra.Zavala@maricopa.gov) or [hipmc@maricopa.gov](mailto:hipmc@maricopa.gov)