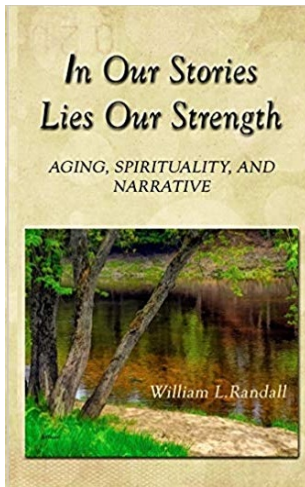


NEW BOOK ON *AGING, SPIRITUALITY, AND NARRATIVE*

— now available on Amazon.com, Amazon.ca, etc. —



ABOUT THE BOOK

In Our Stories Lies Our Strength: Aging, Spirituality, and Narrative (Kindle Direct Publishing, 2019) is aimed at older adults who are committed to aging as creatively, as wisely, and as resiliently as they can. It is aimed as well, though, at those who offer spiritual care to adults of all ages in a variety of settings, from hospitals to nursing homes, from hospice to rehabilitation, and from congregations to community centers. These include: chaplains, pastors, parish nurses, social workers, therapists, and spiritual directors - anyone who listens deeply and respectfully to people's stories and, in the process, help them to *re-story* in healing, life-affirming ways. The book draws on thinking in such fields as narrative psychology and narrative gerontology to suggest a range of concepts - such as narrative identity, narrative development, narrative environment, and narrative foreclosure - that can help us to make sense of the storied complexity of human life

ABOUT THE AUTHOR

William L. (Bill) Randall, MDiv, EdD, is Professor of Gerontology at St. Thomas University, in Fredericton, NB, Canada. For 11 years prior to entering academic life, he was a minister with the United Church of Canada. A graduate of Harvard College, Princeton Seminary, and the University of Toronto, he is author or co-author of over 60 publications on the subject of Narrative Gerontology, including the books *The Stories We Are* (University of Toronto Press, 2014) and *Reading Our Lives* (Oxford University Press, 2008). He has been a keynote speaker at conferences in North America and Europe, including the Canadian Association for Spiritual Care, an experience that in fact prompted the writing of this book. Bill's work is highly relevant for those who appreciate the power of *narrative care* in promoting well-being in later life. www.williamrandall.com

READERS' COMMENTS

"Bill Randall entices us to cultivate stories, as listeners and tellers, as we journey through life. In the process, he offers fresh insights into the ways in which mining our own and other's stories helps us age with resilience, optimism, and grace. Masterfully weaving together the themes of aging, spirituality, and narrative, the book is filled with stories, both humorous and touching. He charts a path for scholars, teachers, and clinicians, as well as the general reader interested in deepening their understanding of the ways in which stories guide our growth, help us heal, and hold the power to transform our lives. A joy to read!"

Karen Skerrett, PhD

"This book really spoke to me, and reaffirmed a core belief of mine, which is simply stated in the title. Dr. Randall has woven his decades of research, knowledge, insights, experiences, and personal stories into a beautifully written musing on the journey we all take in life. It's full of valuable wisdom for those seeking to understand their own, and others experiences, while grappling with the complexities therein. With an open mind and heart he both encourages and challenges the reader to listen/pay attention to and examine the stories that our realities are rooted in and created by. There is a positive quality to the book that inspires reflection, mindfulness and connectedness. I think there is something in this book for everyone, be they academic, practitioner, or simply another living, breathing story that has questions. Time to read it again." Christa Blizzard, BSW