

# ‘CARING AHEAD’ Study

Are you providing care to a  
family member/friend with dementia  
living in long-term care?

## Research Participants Needed

Please help by completing a 15-minute paper  
questionnaire by postal mail about:

- Support and information needs when caring for someone with dementia
- Preparing for end-of-life, *even if it is far away*

Please contact Pam Durepos to receive a questionnaire or  
for more information: 905-484-3546 or Toll Free 1-833- 998-1280  
[caringahead@gmail.com](mailto:caringahead@gmail.com) [www.caringahead.com](http://www.caringahead.com)

Study conducted by Pam Durepos, PhD (Candidate)  
Supervised by Dr. Kaasalainen, McMaster University, School of Nursing  
Study Occurring: September – April 2020