

August Cardinal Ritter High School Lunch Menu

6	7	8	9	10
13 Cheese Calzone or BBQ Chicken flatbread Marinara Cup California Mixed Veg Garlic roasted potatoes Peaches Vanilla Yogurt Milk	14 Chicken Fajita Taco Salad bowl Black Beans Peppers & onions Salsa Cilantro rice Pineapple Milk ASSORTED TOPPINGS	15 Pasta w/ Meatsauce Bosco Stick Spinach salad Roasted cauliflower Fruit cocktail Milk	16 Grilled Chicken Sandwich Sweet Potato fries Cucumber salad Fruit Slushy Chocolate Chip cookie Milk -Colby Jack cheese -Lettuce, tomato, onions	17 Beef chili Baked potatoes Broccoli Dinner rolls Strawberries Milk ASSORTED TOPPINGS
20 Hot & Spicy or regular Chicken tenders Mashed potatoes Gravy Corn Collard Greens Pineapple Milk	21 Pepperoni Pizza Sticks California Mixed Veg Sweet potato puffs Pears Blueberry yogurt Milk ASSORTED TOPPINGS	22 Pasta Bar Marinara Sauce or Alfredo Sauce Chicken or beef Sweet Peas Garlic bread Mandarin oranges Milk ASSORTED TOPPINGS	23 Philly beef steak sub w/ cheese Waffle cut fries Peppers & onions Spicy Slaw Fruit sorbet Milk	24 Chicken Teriyaki bowl Brown Rice Sesame broccoli Midori blend veggies Tropical fruit salad Strawberry chex ASSORTED TOPPINGS
27 Coney hotdog (turkey frank & chili) Baked beans Crinkle cut fries Mandarin Oranges Milk	28 Fiesta taco cups Salsacup Refried beans w/cheese Corn pico de gallo Mexican Rice Fruit cocktail Milk	29 Macaroni N Cheese Texas Toast Broccoli Tomato salad Chocolate fudge Cookie Fruit Slushy Milk	30 Breaded Chicken breast Sandwich Cucumber salad Roasted baby carrots Banana Milk -Colby Jack cheese -Lettuce, tomato, onions	31 Lasagna rolls Seasoned Breakfast Potato cubes Marinara Sauce Parmesan Breadstick strawberries Milk