

August Cardinal Ritter High School Lunch Menu

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| 6 | 7 | 8 | 9 | 10 |
| 13 Cheese Calzone or BBQ Chicken flatbread Marinara Cup California Mixed Veg Garlic roasted potatoes Peaches Vanilla Yogurt Milk | 14 Chicken Fajita Taco Salad bowl Black Beans Peppers & onions Salsa Cilantro rice Pineapple Milk ASSORTED TOPPINGS | 15 Pasta w/ Meatsauce Bosco Stick Spinach salad Roasted cauliflower Fruit cocktail Milk | 16 Grilled Chicken Sandwich Sweet Potato fries Cucumber salad Fruit Slushy Chocolate Chip cookie Milk -Colby Jack cheese -Lettuce, tomato, onions | 17 Beef chili Baked potatoes Broccoli Dinner rolls Strawberries Milk ASSORTED TOPPINGS |
| 20 Hot & Spicy or regular Chicken tenders Mashed potatoes Gravy Corn Collard Greens Pineapple Milk | 21 Pepperoni Pizza Sticks California Mixed Veg Sweet potato puffs Pears Blueberry yogurt Milk | 22 Pasta Bar Marinara Sauce or Alfredo Sauce Chicken or beef Sweet Peas Garlic bread Mandarin oranges Milk ASSORTED TOPPINGS | 23 Philly beef steak sub w/ cheese Waffle cut fries Peppers & onions Spicy Slaw Fruit sorbet Milk | 24 Chicken Teriyaki bowl Brown Rice Sesame broccoli Midori blend veggies Tropical fruit salad Strawberry chex ASSORTED TOPPINGS |
| 27 Coney hotdog (turkey frank & chili) Baked beans Crinkle cut fries Mandarin Oranges Milk | 28 Fiesta taco cups Salsacup Refried beans w/cheese Corn pico de gallo Mexican Rice Fruit cocktail Milk | 29 Macaroni N Cheese Texas Toast Broccoli Tomato salad Chocolate fudge Cookie Fruit Slushy Milk | 30 Breaded Chicken breast Sandwich Cucumber salad Roasted baby carrots Banana Milk -Colby Jack cheese -Lettuce, tomato, onions | 31 Lasagna rolls Seasoned Breakfast Potato cubes Marinara Sauce Parmesan Breadstick strawberries Milk |