CRHS Lunch Menu September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 **Breaded Fish or Chicken Tacos (2)** Pico de gallo Cilantro slaw Roasted street corn Chipotle mayo Mangos Milk	4 **Beef Steak or Turkey Burgers** Wedge fries Sweet peas Romaine salad Fruit sorbet Milk	5 **Asian Noodle Bowl** General Tso or Teriyaki Chicken Noodles Stir fry veggies Veggie spring rolls Teddy grahams Applesauce Milk	6 **French Bread Pizza** Herbs & butter potatoes Roasted carrots Green beans Fruit snacks Banana Milk
9 **Build your SUB :** Italian combo or Sliced ham Sliced cheese Cucumbers or fresh red peppers & Ranch Potato chips Chocolate chip cookie Blueberries Milk	10 **Taco Salad bowl:** Beef or fajita Black beans Peppers & onions Salsa Cilantro rice Pineapple Milk	11 **Grilled Chicken or Sloppy Joe Sandwich** Sweet potato waffle fries Cucumber salad Fruit slushy Milk	12 **Pasta w/ Meat Sauce** Bosco stick Spinach salad Roasted cauliflower Fruit cocktail Milk	13 NO SCHOOL
16 **Mediterranean Gyro** Pita bread Chicken or Beef French Fries Roasted chickpeas Cucumber Sauce Mangos Milk	17 **Hot & Spicy or Regular Chicken Tenders & Biscuit** Mashed potatoes Gravy Corn Green beans Pineapple Milk	18 **Philly Beef Steak Sub w/ Cheese** Tater tots Peppers & onions Spicy slaw Fruit sorbet Milk	19 **Pasta Bar** Alfredo or marinara sauce Chicken Sweet peas Garlic bread Mandarin oranges Milk	20 **Pepperoni Pizza Sticks** Broccoli Sweet potato waffle Pears Blueberry yogurt Milk
23 **Coney hotdog** (hotdog & sloppy joe) Baked beans Crinkle cut fries Mandarin Oranges Milk	24 **Nacho Bar** Chicken or beef Salsa cup Refried beans cheddar cheese sauce Corn pico de gallo Fruit cocktail Milk	25 **Breaded Chicken breast Sandwich** Cucumber salad Fresh baby carrots & ranch Banana Milk	26 **Macaroni N Cheese** Texas Toast Broccoli Tomato salad Chocolate fudge Cookie Fruit Slushy Milk	27 **Chicago Cheese or Pepperoni Deep Dish Pizza** Potato cubes Caesar salad Marinara Sauce Strawberries Milk
30 **Popcorn Chicken w/ Dinner Rolls** Mashed Potatoes w/ Gravy Broccoli Blueberries Strawberry yogurt Milk				