HOLY SATURDAY - HOLY WEEK SCRIPTURES

Psalm 39

New Revised Standard Version Updated Edition

Prayer for Wisdom and Forgiveness

To the leader: to Jeduthun. A Psalm of David.

1 I said, “I will guard my ways
that I may not sin with my tongue;
I will keep a muzzle on my mouth
as long as the wicked are in my presence.”
2 I was silent and still;
I held my peace to no avail;
my distress grew worse;
3 my heart became hot within me.
While I mused, the fire burned;
then I spoke with my tongue:
4 “Lord, let me know my end
and what is the measure of my days;
let me know how fleeting my life is.
5 You have made my days a few handbreadths,
and my lifetime is as nothing in your sight.
Surely everyone stands as a mere breath. Selah
6 Surely everyone goes about like a shadow.
Surely for nothing they are in turmoil;
they heap up and do not know who will gather.
7 “And now, O Lord, what do I wait for?
My hope is in you.

8Deliver me from all my transgressions.

Do not make me the scorn of the fool.

9 I am silent; I do not open my mouth,

for it is you who have done it.

10 Remove your stroke from me;

I am worn down by the blows[a] of your hand.

11 “You chastise mortals

in punishment for sin,

consuming like a moth what is dear to them;

surely everyone is a mere breath. Selah

12 “Hear my prayer, O Lord,

and give ear to my cry;

do not hold your peace at my tears.

For I am your passing guest,

an alien, like all my forebears.

13 Turn your gaze away from me, that I may smile again,

before I depart and am no more.”