

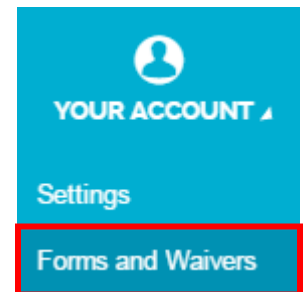


# How to Submit Your Preventive Activity

## How do I submit my Preventive Screening via Power of Vitality?

- From the home page, hover over “YOUR ACCOUNT” and select “Forms and Waivers.”
- On the left-hand navigation menu, select “Prevention.”

FORMS
<a href="#">Athletic Event</a>
<a href="#">CPR Verification</a>
<a href="#">Disease Management</a>
<a href="#">First Aid Verification</a>
<a href="#">Gym Workout</a>
<a href="#">Prevention</a>



- Complete the online submission form by selecting who you are submitting for, the type of preventive activity you completed, and the date of your prevention activity.
- Click “ADD FILE” to attach proof of your preventive visit. Acceptable proof includes an explanation of benefits, a medical record indicating the type and date of service provided, or a copy of your screening results from the doctor’s office.
- Click “SUBMIT” to complete your submission.

SUBMISSION FOR

Myself

▼

TYPE OF PREVENTION ACTIVITY

Pap Smear

▼

DATE OF PREVENTION ACTIVITY

mm/dd/yyyy

📅

PROOF OF PREVENTION ACTIVITY

ADD FILE

No file chosen

**Please Note:** To protect the integrity of the program, Vitality verifies the accuracy of information submitted. Incorrect or incomplete information will result in the denial or cancellation of Vitality Points, or potential termination of membership according to the [terms and conditions](#) of the program.

SUBMIT

## How do I submit my Preventive Screening via Vitality Today?

1. Log into Vitality Today and select “Submit Activity” at the bottom of the screen.
2. Complete the digital form by selecting who the submission is for, type of event, date of completion and type of activity.
3. Select Attach Verification to take a photo or choose an existing image on your phone.
4. Click submit to complete your event submission.

11:11 LTE

Submit Activity Info

Submission for **Myself**

Type of Event **Prevention Activity**

EVENT DATES

Date of Completion **October 3, 2019**

DETAILS

Type of Activity **Flu shot**

Attach Verification >

Submit

Home Points **Submit Activity** Rewards More

This screenshot shows the 'Submit Activity' form in the Vitality Today app. The form is filled out with 'Myself' as the submission for, 'Prevention Activity' as the type of event, 'October 3, 2019' as the date of completion, and 'Flu shot' as the type of activity. The 'Attach Verification' option is available. The 'Submit' button is prominent. The bottom navigation bar shows 'Home', 'Points', 'Submit Activity' (highlighted with a red box), 'Rewards', and 'More'.

11:12 LTE

Submit Activity Info

Submission for **Myself**

Type of Event **Prevention Activity**

EVENT DATES

Date of Completion **October 3, 2019**

DETAILS

Type of Activity **Flu shot**

Attach Verification >

Submit

Take Photo

Choose Existing

Cancel

This screenshot shows the 'Attach Verification' options in the Vitality Today app. The form is the same as the previous screenshot, but the 'Attach Verification' option is selected, leading to a screen with three buttons: 'Take Photo', 'Choose Existing', and 'Cancel'.