

Tropical Fuit Parfait

Ingredients:

- 3 Cups low-fat vanilla Greek yogurt
- 1 cup cubed fresh pineapple
- 1 cup cubed fresh mango
- 1 cup granola
- 2 tbsp shredded coconut



Directions:

In 4 tall parfait glasses, evenly layer yogurt, pineapple, mango and granola. Top evenly with coconut. Serve immediately.

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CONTACT KAILAH TODAY FOR ANY DIETARY NEED.