



Satya Life Yoga
strong body, quiet mind

Qi Healing

CERTIFICATION COURSE

with Master Tianyou Hao & Frankie Hart

TWO DAY COURSE:

Saturday, July 15 • 1-7:30 p.m. & Sunday, July 16 • 9:30 a.m.-6 p.m.



Tianyou Hao is a Scientist, Professor, Engineer and Qigong Healer from Beijing with over 50 years of Qigong experience that he learned from four of the greatest Qigong Masters in China. Since 1988, he has successfully adapted the best of Chinese Qigong to Western culture.

FREE LECTURE: Thursday, July 13th at 7:30pm Attend this lecture to learn how Chinese Qigong can enable you to access the flow of vital energy to calm your mind, recharge your body and reduce stress through movement, meditation and breath regulation. Qigong practices improve blood circulation and enhance immune functions. Because Qigong can be used by healthy persons as well as by those who are chronically ill, it is one of the most broadly-applicable systems of self-healing and preventive medicine in the world.

Price: **\$689**

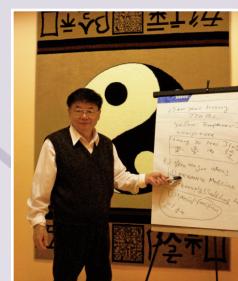
Enroll before June 16th
for only \$599

Course Includes:

- All Course Materials
- Non-Touch Healing
- Hand Healing System
- How to Increase Body Qi Function
- Chinese Qigong Forms
- Special Shao-Lin Stick Therapy

And much more...

*There will be breaks for meals and tea throughout the days.
A Saturday group dinner is optional.*



What is Chinese Medical Qigong?

Chinese Qigong is a science consisting of principles and practices proven for 3000 years to improve health, prevent disease, and generate vitality. Qigong trains individuals to use their minds to adjust and control their life processes with exercises that circulate Qi (life energy) through their body channels. Qigong practices contribute to physical, mental, emotional and spiritual balance. Qigong is a gift to our planet. As we learn to nurture ourselves we learn to live in a way that cares for all life around us. This Inner Dan Arts Qigong System was introduced to the U.S. in 1988 by Qigong Master Tianyou Hao.

**Chinese Medical Qigong =
Self-Healing System + Qi Healing System**

Satya Life Yoga
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A limited number of Qi Healing sessions with Master Hao are available. To make your reservation or for more info, contact Joyce at (863) 802-9642.