

Long COVID Care & a Path Forward

A Virtual Education Series for Community Members
Led by Healthcare Professionals

One in three individuals infected with COVID-19 continues to experience lingering symptoms—now widely recognized as **Long COVID**. While medical understanding continues to evolve, finding clear, reliable information and supportive care can still feel overwhelming.

This three-part virtual education series is designed for individuals living with Long COVID, as well as family members and community members seeking to better understand recovery and support options.

Developed and led by **healthcare professionals**, the series offers evidence-based insights, practical tools, and supportive resources to help improve quality of life and navigate the path forward.



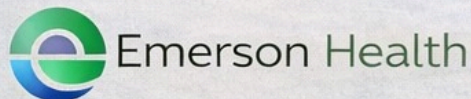
Francesca DeSimone-Farrow, PT, DPT
Board Certified Clinical Specialist in Neurology



Melissa DeMarino, MSW, LCSW

You are not alone. Support, understanding, and guidance are available.

Virtual Education Series Cost: \$105
March 10 • March 17 • March 24
6:00 PM



Steinberg Wellness Center for Mind & Body

Call to register at 978-287-8777