



CAPE Resource Center

Parent Support Network

Connecting families through support, encouragement, and shared experiences

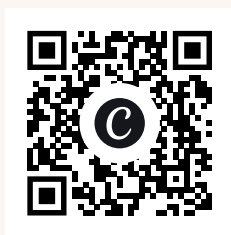
Facilitated by Lauren Lavelle
Parent Coach and Disability Professional

Click "Register Here" to reserve your spot.

**For Parents of Students
Under age 21**

**Tuesday
Sept. 8, 2026
7:30pm**

[REGISTER HERE](#)



**For Parents of Students
ages 21+**

**Thursday
Sept. 10, 2026
7:30pm**

[REGISTER HERE](#)



At the Cape Center, we connect individuals with disabilities and their families to information, services, and community resources from infancy through adulthood.

For more information, call 201-343-6000 x4067 or visit us at www.bergen.org/cape

Future meeting dates:

Parents of Students Under 21
October 13th

Parents of Adult Children (21+)
October 8th