

KEYNOTE SPEAKERS



Doug Oster

Doug Oster is an Emmy Award winning producer, television host and writer. He's also the Pittsburgh Post-Gazette's Backyard Gardener and co-host/producer of *The Organic Gardeners* radio show every Sunday morning at 7 a.m. on KDKA radio in Pittsburgh.

Oster's Outstanding Documentary Emmy was awarded for *Gardens of Pennsylvania*, a one hour special he conceived and

produced for the PBS affiliate WQED.

Doug appears every Thursday morning on KDKA-TV's *Pittsburgh Today Live* at 9 a.m. "Gardening is fun," he says. Enjoy every day spent outside tending vegetables, flowers, shrubs and trees."



Andrew Moore

Andrew Moore grew up in Lake Wales, Florida, just south of the pawpaw's native range. A writer and gardener, he now lives in Pittsburgh, Pennsylvania. He was the news editor and a feature writer for *Pop City*, a weekly news e-magazine in Pittsburgh, and his stories have been published in the *Pittsburgh Post-Gazette*, *The Daily Yonder*, and the *Biscayne Times*. *Pawpaw* – a 2016 James Beard

Foundation Award nominee in the Writing & Literature category – is his first book.

SPEAKERS

Robin Martin

Robin Martin is a public health research interviewer with the University of Pittsburgh, as a well as a graduate psychology student from Chatham University. Her graduate research and therapeutic interests are concentrated in: ecopsychology (the study of people's relationship with nature), ecotherapy (the use of using nature to promote mental, emotional, and physical well-being), and people's attachment to places.

Robin is currently interning/volunteering with Hope Grows, a non-profit organization founded by Lisa Story, that incorporates nature and holistic therapeutic practices that provide "an environment that allows the caregiver to receive counseling, support, and short breaks by experiencing a one-of-a-kind approach to wellness as a way to manage the physical, psychological, and spiritual stress associated with being a caregiver," (Hope Grows, 2017).

Kimberly Vensel

Kimberly Vensel, aka Butler Butterfly Lady, is a photographer who also happens to have a passion for the Monarch butterfly. She has been raising Monarchs for eight years and has successfully raised and released over 2,000 Monarch butterflies to date, raising over 1,000 in 2015 alone! She has been featured in the *Butler Eagle* and was interviewed by Dave Malarkey of the *WISR* radio station live on the air in September 2015 sharing her passion with the listeners. She has taught hundreds of folks about the importance of Monarchs through her educational presentations and will be here teaching about these amazing creatures - and what you can do to help increase their numbers.



GLADE RUN ADVENTURES 18TH ANNUAL

SPRING Gardening SYMPOSIUM

Sat., April 1, 2017

Inspired Gardens

Inspiring Ideas for Glorious Gardens



*A one day educational gardening workshop
benefitting Therapeutic Programs
at Glade Run Adventures*



IMPORTANT INFORMATION

**The Spring Gardening Symposium will be hosted on
Saturday April 1, 2017 from 8:30am to 3:00 pm
at Glade Run Lutheran Services, Zelienople.**

This event will be held at Matthew House (formerly Annex building) on the main campus of Glade Run.

We are located on Rt. 68W, 1/2 mile off of Rt. 19 in Zelienople, PA — only 30 minutes from downtown Pittsburgh and 25 minutes from Sewickley.

***For Returning Guests — Please note that Glade Run has a new main entrance off Rt. 68W.
(If using GPS – 425 W. Beaver Street, Zelienople, PA 16063)**

REGISTRATION

\$65.00 early bird registration by March 10th.

6 Person Tables for \$360 per table — while available.

After March 10th, registration is \$75.00 — call for availability.

Registration is limited. Pre-registration is required.

All proceeds benefit the Therapeutic Programs at Glade Run Adventures which utilize plants, animals and the natural environment to assist in the treatment of children with emotional and behavioral challenges.

[Checks should be made payable to Glade Run Foundation.

If paying by credit card, please call 724-452-4453 x1277 to provide your information.]

DETAILS

Enjoy a light continental breakfast and delicious gourmet lunch (included in ticket price) featuring LOCAL, ORGANIC ingredients.

Have fun with free door prizes, a raffle, and silent auction! Shop the vendors' tables and purchase your spring plants and herbs — call ahead for large quantities.

FOR MORE INFORMATION

Call us at **724-452-4453 x1277** or email at **cmartin@gladerun.org**

Detailed directions will be emailed with a confirmation shortly before the event. (only for registrants with an e-mail address – all others will not receive confirmation)

SYMPOSIUM SCHEDULE

8:30 AM	Registration Opens / Continental Breakfast Served / Vendor Tables Open / Silent Auction Open
9:30 AM	Welcome Address / Speaker
9:45 to 10:35 AM	Flower Power from Spring to Fall with Doug Oster What happened to that lovely garden you planted in the spring? The flowers have fallen and all the color you hoped to have has faded away. So what's the secret for a garden that will look beautiful through the seasons? Enjoy this "flower power" presentation as gardening expert, Doug Oster, shares his expertise on choosing the right plants, creating successful groupings and the proper techniques for achieving an incredible garden that flourishes, spring to fall.
10:35 to 10:50 AM	Break
10:50 to 11:40 AM	Paw Paw — In Search of America's Forgotten Fruit with Andrew Moore What is a pawpaw, and why have most people never heard of it before? Andrew Moore offers a brief history of the pawpaw, the largest edible fruit native to the United States, and offers some explanations as to why it has been overlooked in modern times. He also provides an overview of the growers and producers working to raise the fruit's profile, and how the fruit tree can be reintegrated into our diets and culture.
11:40am to 12:45 PM	Lunch served by local farm celebrity guest waiters A gourmet lunch provided by Glade Run Nutritional Services featuring local and organic ingredients — A highlight every year! Again this year, enjoy the "Tip Your Waiter" Competition. The waiter with the most tips at the end of the day receives the coveted <i>Best Celebrity Waiter</i> trophy to display at their location for the year. All tips will be donated to Glade Run.
12:45 to 1:05 PM	Spring Body Tune Up with Finn Chiropractic Group Getting back into the garden after a long winter season can be less than pleasant if your body is hurting. Finn Chiropractic Group will share some great information about getting your body back in tune so you can get back to doing what you love.
1:05 to 1:35 PM	Q&A with Doug Oster An open forum to have Doug Oster answer your specific gardening questions.
1:35 to 1:55 PM	Break
2:00 to 2:20 PM	Hope Grows with Robin Martin Inspirational stories centering on our relationship with nature.
2:20 to 2:40 PM	Monarch Butterflies with Kim Vensel Through her beautiful photographs and entertaining stories, Kim shares the importance of Monarchs and what you can do to help increase their numbers.
2:40 to 3:00 PM	Raffle and Silent Auction Winners Announced — Thank You for Coming!

Thank you to the following farms for their generous support:



SPRING SYMPOSIUM
REGISTRATION


Name(s) _____
☐ Check here if you are a returning registrant.

Address _____

City, State, Zip Code _____

Email _____

Phone _____

Six Person Table Reservations! 
Reserve a table for you and 5 of your friends and save!
If known, please list the persons at your table.

	Bacon, Spinach & Cheddar Quiche, Tuscan Vegetable Soup, Artisan Salad & Tiramisu	[Vegetarian] Asparagus, Swiss & Tomato Quiche, Tuscan Vegetable Soup, Artisan Salad & Tiramisu	[Gluten Free] Asparagus, Swiss & Tomato Quiche, Tuscan Vegetable Soup, Artisan Salad & Fresh Berries
1 _____ (reserved under)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

	#	TOTAL
Reserved Table @ \$360 per 6 person table	_____	\$ _____
\$65 Early Bird registration by March 10th	_____	\$ _____
After March 10th, registration is \$75/person	_____	\$ _____
Additional donations are gratefully accepted and are tax deductible.	_____	\$ _____
	TOTAL	\$ _____

Please check where you received this registration:
☐ Friend ☐ Email ☐ Business ☐ Other _____

Checks payable to: **Glade Run Foundation**
Pre-registration is required.
There is a \$10 fee on cancellations.
No refunds 1 week prior to event.

Return this form to: **Glade Run Foundation**
PO Box 70, Beaver Road, Zelienople, PA 16063