



Kara Burns MS, MEd, LVT, VTS (Nutrition), VTS-H (Internal Medicine, Dentistry)

**AVNT board position:**

Founder of the AVNT, president, and now immediate past president

**Current place of work:**

Independent consultant (also Volunteer as AAVN board member at large; Pet Nutrition Alliance President-elect)

**Years as a Nutrition VTS:**

Since recognition (2010) and our first exam (2013) - so truly since 2013 when the charter members became VTSs

**Nutrition areas of interest:**

All

**Method of contact:**

Email: [karamburns@gmail.com](mailto:karamburns@gmail.com)

Cell: 785-221-1124



Ann Wortinger BIS, LVT, VTS (ECC) (SAIM) (Nutrition), FFCP

**AVNT board position:**

President

**Current place of work:**

Ashworth College, Norcross Georgia, Veterinary Technology Program.  
Academic Advocate, Faculty/Instructor

**Years as a Nutrition VTS:**

6 years.

On the Organizing Committee, so have been involved from the ground up! We started forming the OC in 2008, approved by NAVTA in 2010 but did not sit our first exam until 2013.

**Nutrition areas of interest:**

Feline medicine, critical care, and electrolyte imbalances

**Contact:**

email: [annewortinger@aol.com](mailto:annewortinger@aol.com)



Brianne Morrow, LVT, VTS (Nutrition)

**AVNT board position:**

President Elect

**Current place of work:**

Royal Canin USA

**Years as a Nutrition VTS:**

2018

**Nutrition areas of interest:**

Small animal nutrition, Pet Food Labels, Nutritional Truths

**Method of contact:**

[Brianne.Morrow@royalcanin.com](mailto:Brianne.Morrow@royalcanin.com)



Vicky Ograin, MBA, RVT, VTS (Nutrition)

**AVNT board position:**

Secretary

**Current place of work:**

Hill's Pet Nutrition in Global Education

**Years as a Nutrition VTS:**

Charter member, 6 years as a VTS – Nutrition

**Nutrition areas of interest:**

My passion is educating on nutrition, especially at conferences, subjects include; renal, urinary, Nutritional DCM and Nutritional Consultations as well as others. I am the most passionate about pet food regulations and am an AAFCO expert, and I love lecturing on pet food labels for the US, Canada and Europe. There is so much information on a package, that with understanding can help make a nutritional recommendation.

Method of contact:

Email: [Nutritiontechs@aol.com](mailto:Nutritiontechs@aol.com)



Ed Carlson, CVT, VTS (Nutrition)

**AVNT board position:**

Treasurer

**Current workplace:**

Director of Technician Learning and Development, Ethos Veterinary Health

**Years as a Nutrition VTS:**

5 years

**Nutrition areas of interest:**

Education the veterinary healthcare team on the importance of nutrition!

**Method of contact:**

[edcarlsoncvt@gmail.com](mailto:edcarlsoncvt@gmail.com)

[ecarlson@ethosvet.com](mailto:ecarlson@ethosvet.com)

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Jessie Nelson AAS, CVT, VTS (Nutrition)

**AVNT board position:**

Member at Large

**Current workplace:**

Clinical Director at Pima Medical Institute – East Valley

**Years as a Nutrition VTS:**

2 years as VTS holder

**Nutrition areas of interest:**

Small animal nutrition, specifically canine IBD

**Contact:**

Email: [jessienelson@gmail.com](mailto:jessienelson@gmail.com)



Ashley Self (Cox) BS, LVMT, VTS (Nutrition)

**AVNT board position:**

Member-at-Large  
AAVN-AVNT Liaison

**Current place of work:**

Clinical Nutrition Service at the University of Tennessee College of Veterinary Medicine

**Years as a Nutrition VTS:**

Passed certifying exam in June 2018

**Nutrition areas of interest:**

Chronic kidney disease, gastrointestinal diseases, large animal nutrition, honeybee nutrition

**Contact:**

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