

# St. Mary's Episcopal Church Welcomes You

Morning Prayer Will Begin Momentarily

Please Remain on Mute During Morning Prayer

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The Reverend Fran Holliday, Rector

Deacon Mike Choquette

“WE ARE THE  **Episcopal** BRANCH  
OF THE **Jesus Movement**”

learn more: [forwardmovement.org](http://forwardmovement.org)

—Presiding Bishop Michael Curry

## ***Blessed Jesus at Thy Word***

*Text: Tobias Clausnitzer, 1619; trans. by Catherine Winkworth, 1827-1878*

*Music: Johann R. Ahle*

*Performed by The OCP Session Choir*

1. Blessed Jesus, at your word  
we are gathered all to hear you;  
let our hearts and minds be stirred  
now to seek and love and fear you,  
by the teachings true and holy,  
drawn from earth to love you solely.

3. Glorious Lord, yourself impart!  
Light of light, from God proceeding,  
open up these minds and heart;  
help us by your spirit's pleading;  
hear the cry that your people raises;  
hear, and bless our prayers and praises.

2. All our knowledge, sense, and sight  
lie in deepest darkness shrouded,  
till your spirit breaks our night  
with the beams of truth unclouded.  
You alone to God can win us;  
you must work all good within us.



Grace to you and peace from God our Father and the Lord Jesus Christ.

Let us confess our sins against God and our neighbor.

*Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.*

*We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.*

*We are truly sorry and we humbly repent.*

*For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.*

Almighty God have mercy on you, forgive you all your sins  
through our Lord Jesus Christ, strengthen you in all  
goodness, and by the power of the Holy Spirit keep you in  
eternal life. Amen.

Lord, open our lips

***And our mouth shall proclaim your praise.***

***Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever, Amen***

***Alleluia***

The mercy of the Lord is everlasting: Come let us adore him.

Jubilate

Be joyful in the Lord, all you lands; \*  
*serve the Lord with gladness  
and come before his presence with a song.*

Know this: The Lord himself is God; \*  
*he himself has made us, and we are his;  
we are his people and the sheep of his pasture.*

Enter his gates with thanksgiving;  
go into his courts with praise; \*  
*give thanks to him and call upon his Name.*

For the Lord is good;  
his mercy is everlasting; \*  
*and his faithfulness endures from age to age.*

Hallelujah!

I will give thanks to the LORD with my whole heart, \*  
***in the assembly of the upright, in the congregation.***

Great are the deeds of the LORD! \*  
***they are studied by all who delight in them.***

His work is full of majesty and splendor, \*  
***and his righteousness endures for ever.***

He makes his marvelous works to be remembered; \*  
***the LORD is gracious and full of compassion.***

He gives food to those who fear him; \*  
***he is ever mindful of his covenant.***

He has shown his people the power of his works \*  
***in giving them the lands of the nations.***

The works of his hands are faithfulness and justice; \*  
***all his commandments are sure.***

They stand fast for ever and ever, \*  
***because they are done in truth and equity.***

He sent redemption to his people;  
he commanded his covenant for ever; \*  
***holy and awesome is his Name.***

The fear of the LORD is the beginning of wisdom; \*  
***those who act accordingly have a good understanding;***  
***his praise endures for ever.***

## A Reading from the Book of Deuteronomy

Moses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

The word of the Lord

***Thanks be to God***

## The Song of Zechariah

Blessed be the Lord, the God of Israel; \*  
***he has come to his people and set them free.***

He has raised up for us a mighty savior, \*  
***born of the house of his servant David.***

Through his holy prophets he promised of old,  
that he would save us from our enemies, \*  
***from the hands of all who hate us.***

He promised to show mercy to our fathers \*  
***and to remember his holy covenant.***

This was the oath he swore to our father Abraham, \*  
***to set us free from the hands of our enemies,***

Free to worship him without fear, \*  
***holy and righteous in his sight***  
***all the days of our life.***

You, my child, shall be called the prophet of the Most High, \*  
***for you will go before the Lord to prepare his way,***

To give his people knowledge of salvation \*  
***by the forgiveness of their sins.***

In the tender compassion of our God \*  
***the dawn from on high shall break upon us,***

To shine on those who dwell in darkness and the  
shadow of death, \*  
***and to guide our feet into the way of peace.***

Glory to the Father, and to the Son, and to the Holy Spirit: \*  
***as it was in the beginning, is now, and will be for ever. Amen.***

## A Reading from the First Letter of Paul to the Corinthians

Now concerning food sacrificed to idols: we know that “all of us possess knowledge.” Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that “no idol in the world really exists,” and that “there is no God but one.” Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. “Food will not bring us close to God.” We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The word of the Lord

**Thanks be to God**

## A Song of God's Love

Beloved, let us love one another, \*

***for love is of God.***

Whoever does not love does not know God, \*

***for God is Love.***

In this the love of God was revealed among us, \*

***that God sent his only Son into the world,***

***so that we might live through Jesus Christ.***

In this is love, not that we loved God but that God loved us \*

***and sent his Son that sins might be forgiven.***

Beloved, since God loved us so much, \*

***we ought also to love one another.***

For if we love one another, God abides in us, \*

***and God's love will be perfected in us.***

The Holy Gospel of our Lord Jesus Christ according to Mark

**Glory to you, Lord Christ**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord

***Praise to you, Lord Christ***

## The Apostles' Creed

*I believe in God, the Father almighty,  
creator of heaven and earth;  
I believe in Jesus Christ, his only Son, our Lord.  
He was conceived by the power of the Holy Spirit  
and born of the Virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he rose again.  
He ascended into heaven,  
and is seated at the right hand of the Father.  
He will come again to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins  
the resurrection of the body,  
and the life everlasting. Amen.*

The Lord be with you

***And also with you***

Let us pray

Our Father, who art in heaven,

    hallowed be thy Name,

    thy kingdom come,

    thy will be done,

        on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

    as we forgive those

        who trespass against us.

And lead us not into temptation,

    but deliver us from evil.

For thine is the kingdom,

    and the power, and the glory,

    for ever and ever. Amen.

Show us your mercy, O Lord;  
***And grant us your salvation.***

Clothe your ministers with righteousness;  
***Let your people sing with joy.***

Give peace, O Lord, in all the world;  
***For only in you can we live in safety.***

Lord, keep this nation under your care;  
***And guide us in the way of justice and truth.***

Let your way be known upon earth;  
***Your saving health among all nations.***

Let not the needy, O Lord, be forgotten;  
***Nor the hope of the poor be taken away.***

Create in us clean hearts, O God;  
***And sustain us with your Holy Spirit.***

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### Prayers of the People

Lord, in your Mercy

***Hear our Prayer***

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*

## A Prayer of St. Chrysostom

***Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.***

*Let us bless the Lord*

***Thanks be to God***

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore.

*Amen.*

## ***Song of Thankfulness and Praise***

*Author: Christopher Wordsworth*

*Performed by The OCP Session Choir*

1. Songs of thankfulness and praise,  
Jesus, Lord, to thee we raise,  
Manifested by the star  
To the sages from afar;  
Branch of royal David's stem  
In thy birth at Bethlehem;  
Praises be to thee addressed,  
God in flesh made manifest.

2. Manifest at Jordan's stream,  
Prophet, Priest, and King supreme;  
And at Cana, wedding guest,  
In thy Godhead manifest;  
Manifest in pow'r divine,  
Changing water into wine;  
Praises be to thee addressed,  
God in flesh made manifest.

3. Grant us grace to see thee, Lord,  
Mirrored in thy holy Word;  
May we imitate thee now,  
And be pure, as pure art thou;  
That we like to thee may be  
At thy great Epiphany;  
And may praise thee, ever blessed,  
God in flesh made manifest.





Please Join Us for Conversation  
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The Reverend Fran Holliday, Rector