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Annual **REPORT**

Combating poverty by empowering local agencies
that represent the needs of low-income residents

WHO WE SERVE

The following data demonstrates characteristics of those served by Community Action in 2025 for whom demographic information was known/collected.

71% of households served had income at or below 100% of the federal poverty level (\$32,150/year for a family of four), of those **39%** of households served were living in extreme poverty, annual income at or below 50% of the federal poverty level (\$16,075/year for a family of four).

NEW DAY FAMILY COUNSELING CENTER Restoring Stability Through Trauma informed Care

New Day Family Counseling Center, supported by Yuba County Community Services Commission CSBG grant funds, provides professional therapy services for individuals, couples and families.

A client from a low-income household in Yuba County sought services through New Day after experiencing chronic stress, emotional dysregulation, and limited access to behavioral health care due to financial and systemic barriers. The client had difficulty managing daily stressors, regulating emotions, and maintaining stability in family and personal functioning.

Through New Day Center's access-to-care model, the client engaged in sliding scale services and grant-funded therapeutic programming, including trauma-informed individual therapy utilizing Somatic Experiencing-informed approaches. These services focused on nervous-system regulation, body-based coping strategies, and trauma-responsive care designed to improve emotional stability and resilience.

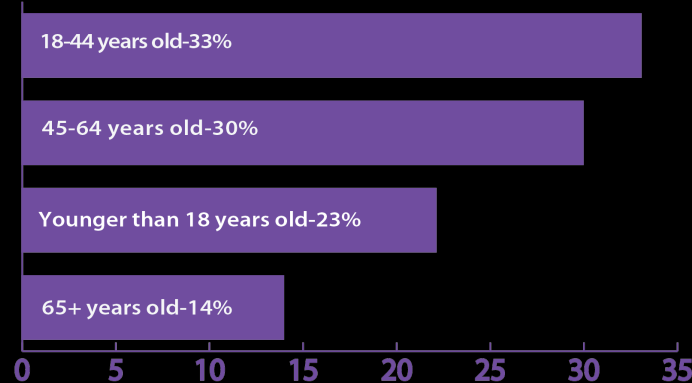
As a result of consistent engagement in Somatic Experiencing-informed therapy and supportive group services, the client demonstrated improved emotional regulation, increased use of grounding and self-regulation techniques, stronger coping skills, and improved daily functioning. The client reported greater emotional awareness, improved stress management, and increased confidence in navigating personal and family challenges.

This success reflects the impact of New Day Center's trauma-informed, capacity-building model, which integrates workforce training, community-based service delivery, and access-to-care strategies to improve outcomes for individuals and families experiencing economic hardship.

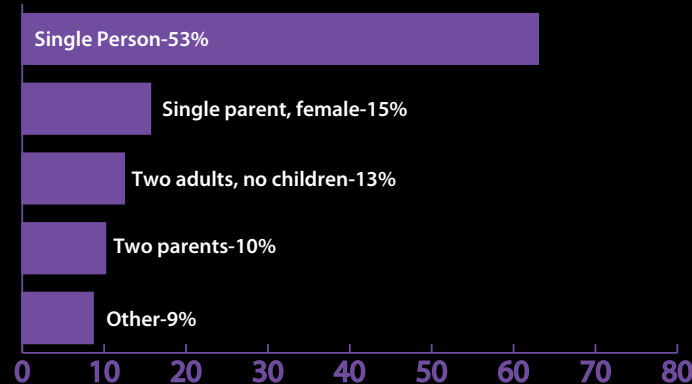
For more information about New Day Family Counseling Center:
(530) 434-6318
1095 Stafford Way, Ste. J
Yuba City, CA 95991



AGES OF INDIVIDUALS SERVED



HOUSEHOLD TYPE



WORK STATUS (Age 18+)



TOP 2024-2025 COMMUNITY NEEDS AS IDENTIFIED IN THE COMMUNITY ACTION PLAN

Homelessness Prevention and Reduction

Access to Health Services (including mental, behavioral, physical, locational and alcohol/substance abuse)

Food Security

2025 FUNDED PROJECTS

HOMELESSNESS PREVENTION and REDUCTION

Funding was allocated to **Sutter Yuba Homeless Consortium** to support the management of a Homelessness Prevention Program that provides financial support to low-income individuals for rent to help avoid eviction and prevent homelessness.

Funding was allocated to **Bridges to Housing** to assist low-income individuals and families with deposit and rent payments to help obtain or maintain safe and affordable housing.

Funding was allocated to **Habitat for Humanity** to support the Rent/Utilities Assistance program that provides financial assistance to low-income Yuba County residents for rent and utilities to help avoid eviction and prevent homelessness.

Funding was allocated to **Habitat for Humanity** to support the Empowerment Education Program that provides pre-purchase homeownership counseling, foreclosure prevention, financial literacy and budgeting and post-purchase home maintenance for low-income individuals.

Funding was allocated to **Yuba Sutter Legal Center for Seniors** to provide free legal services and advocacy for low-income persons aged 60 and over in Yuba County to help them obtain or maintain their income, housing and medical care.

ACCESS TO HEALTH SERVICES

Funding was allocated to **New Day Training Center** to support parenting/family group therapy programs for low-income Yuba County residents who need mild to moderate level therapeutic care.

Funding was allocated to **Casa de Esperanza** to support the Hope for Children: Child Victim Advocacy and Counseling Program, a program that provides therapy services for children who are victims of, or witness to, family violence and/or child abuse.

FOOD SECURITY

Funding was allocated to **Yuba-Sutter Food Bank** to secure food donations from grocery stores, food manufacturing companies, retail stores, and local farmers to increase the inventory of food available to those in need.

Funding was allocated to **Salvation Army** to support Hope Express, a street outreach team providing daily meals (hot and ready to go) to sheltered and unsheltered persons experiencing homelessness.

OTHER SERVICES

Funding was allocated to **Child Advocates of Placer, Yuba and Sutter** to support the Parent Empowerment Group program that provides reunification support coupled with a peer support group for parents who are navigating the child welfare system.

YCCSC 2025 BOARD OF DIRECTORS

Public Sector Representatives

District 1 - Richard Webb, Chair

District 2 - Renick House

District 3 - Crystal Richards

District 4 - Andi Crivello

District 5 - Enrique Figueroa

Private Sector Representatives

Kyle Heggstrom

John Nicoletti

Don Schrader

Carolina Coronado-Carrillo

Vera Correa

Low Income Representatives

Dennise Burbank, Secretary/Treasurer

Crystal Mirabal

Carmen Rodriguez, Vice Chair

Hannah Schelby

Vacant

BY THE NUMBERS

2,932 INDIVIDUALS WERE SERVED IN 2025

HOMELESSNESS PREVENTION & REDUCTION

14 individuals participated in financial management programs including budgeting, credit repair and management

6 individuals avoided eviction

41 individuals received either rental deposit or rent assistance to obtain/maintain a home

36 individuals obtained safe and affordable housing

54 seniors, ages 65+, received legal assistance to help maintain or improve their living situation

FOOD SECURITY

732,758 pounds of food recovered from grocery stores and restaurants in Yuba County

548 sheltered and unsheltered homeless received hot and ready to go meals

13 individuals received education on healthy food preparation and demonstrated increased nutrition skills

ACCESS TO HEALTH SERVICES (including mental, behavioral, physical, locational and alcohol/substance abuse)

39 individuals improved mental health and behavioral health and well being

13 individuals participated in substance abuse counseling

OTHER ACCOMPLISHMENTS

12 individuals received leadership training

2,917 individuals received volunteer training

REVENUE

CSBG Funding **\$296,783**

EXPENDITURES BY CATEGORY

Access to Health Services **\$44,000**

Food Security **\$88,000**

Homelessness Prevention & Reduction **\$101,747**

Other Services **\$27,423**

Administrative **\$35,613**

Yuba County Community Services Commission (YCCSC) is a commission of the Yuba County Board of Supervisors that works to improve the lives of the low-income population and reduce poverty. YCCSC receives Community Services Block Grant Funds (CSBG) from the California Department of Community Services & Development and re-grants them to private non-profit or public organizations in Yuba-Sutter that serve low-income individuals and vulnerable populations.