

JOIN US FOR A SPECIAL SCREENING OF



FREE SCREENING

A short presentation by Film Narrator, Jenny Howe preceding the screening, and Q&A time with Ms. Howe following the movie

FEBRUARY 9, 2018 • 6:30 PM

Doors open at 6 PM

NEW WAY ACADEMY

5048 E Oak Street
Phoenix, AZ 85008

RSVP AT:

www.showclix.com/event/angst-at-new-way-academy

ANGST:

Angst is a 56-minute film that explores anxiety, its causes, effects, and what we can do about it. The filmmakers' goal is to have a global conversation and raise awareness around anxiety. *Angst* features candid interviews with kids and young adults who suffer, or have suffered, from anxiety and what they've learned about it. The film includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources, and tools.

angstmovie.com

JENNY HOWE:

Jenny Howe is a licensed therapist with degrees in Psychology and Child & Family Studies. For the last 20 years, she has worked extensively with youth and adolescents in the criminal justice and public school systems, and has dealt with issues such as school avoidance, anxiety disorders, depressive disorders, Autism Spectrum disorders, behavioral issues, and trauma and attachment based disorders. Jenny believes all adolescents have the capability to become the best version of themselves and loves watching them discover their potential.

www.jennyhoweconsulting.com

Angst is appropriate for ages 10 and up based on maturity/parent discretion