

SWIMMING LESSONS

The Orem Recreation Department is dedicated to providing an opportunity for children in the community to become safe when they are in, on, or around water. The City of Orem has joined with other cities in creating the Utah County Swim School and has developed a new swimming lesson program. The program covers skills and knowledge in a logical progression for aquatic skill development. Lessons are offered year round indoor at the Orem Fitness Center. We reserve the right to combine, cancel, or transfer classes and participants as necessary.

A \$5 NON-REFUNDABLE FEE WILL BE CHARGED FOR ALL CLASS TRANSFERS AND REFUNDS. NO REFUNDS WILL BE GIVEN AFTER THE REGISTRATION DEADLINE.

Ages: 6 months to 17 years

Days: Monday, Wednesday, Friday

Times: 10 am, 10:30 am, 11 am, 11:30 am, 4 pm, 4:30 pm, 5 pm, 5:30 pm

| <i>SESSION</i> | <i>DATES</i> | <i>FEE</i> |
|----------------|----------------------------------|------------|
| #2 | Sept 24 – Oct 12 | \$37 |
| #3 | Oct 15 – Nov 2 | \$40 |
| #4 | Nov 5 – Nov 21 (no class Nov 23) | \$37 |
| #5 | Nov 26 – Dec 14 | \$40 |

PRIVATE SWIM LESSONS

The Orem Recreation Department offers private and semi-private swim lessons for all ages and abilities. Private lessons are \$60 per student for four (4), one-half hour lessons. Semi-private lessons are \$35 per student with a minimum of two students and a maximum of four students in class. Semi-private lessons are four (4), one-half hour lessons. Register at the Orem Fitness Center to request time, dates and instructors. The instructor will personally call to confirm the lesson time and date.

BOY SCOUT MERIT BADGE CLASSES

Summer Camp isn't the only place for boys to get that swimming merit badge!! The Orem Fitness Center offers an opportunity for scouts to earn merit badges associated with swimming and safety all year round. Three merit badges will be offered– Scout Swimming, Scout Lifesaving, and First Aid. Boys may sign up for **ONLY** one merit badge per day. Boys must come to each class already having completed class prerequisites.

SWIMMING MERIT BADGE



Swimming Merit Badge prerequisites include: Successful completion of Second class rank requirements 7a-7c, and First Class rank requirements 9a-9c. Basic swimming skills will not be taught. Merit badge classes are taught by Boy Scout approved Merit Badge Counselors. For more information, call Chad Barth at 229-7159.

| <i>SESSION</i> | <i>DATES</i> | <i>DAYS</i> | <i>TIMES</i> | <i>AGE</i> | <i>FEE</i> |
|----------------|--------------|-------------|--------------|------------|------------|
| #6 | Nov 17 | Sat | 7am – 10am | 11+ | \$15 |

LIFESAVING MERIT BADGE



Lifesaving Merit Badge prerequisites include: Successful completion of Second Class rank requirements 7a-7c and First Class rank requirements 9a-9d. Merit badge classes are taught by Boy Scout approved Merit Badge Counselors. For more information, call Chad Barth at 229-7159.

| <i>SESSION</i> | <i>DATES</i> | <i>DAYS</i> | <i>TIMES</i> | <i>AGE</i> | <i>FEE</i> |
|----------------|--------------|-------------|--------------|------------|------------|
| #6 | Nov 17 | Sat | 7am – 10am | 11+ | \$15 |

FIRST AID (2018)



First Aid Merit Badge prerequisites include: successful completion of first aid requirements for Tenderfoot, Second Class and First Class ranks. Merit badge classes are taught by Boy Scout approved Merit Badge Counselors. For more information, call Chad Barth at 229-7159.

| <i>SESSION</i> | <i>DATES</i> | <i>DAYS</i> | <i>TIMES</i> | <i>AGE</i> | <i>FEE</i> |
|----------------|--------------|-------------|--------------|------------|------------|
| #6 | Nov. 17 | Sat | 7am – 10am | 11+ | \$15 |

ARCHERY



To obtain this merit badge, the scout must learn and demonstrate range safety rules, the parts of an arrow, how to properly care for archery equipment, scoring of targets, use and care of bows, and meet the shooting requirements. Archery equipment will be provided. Class will be taught by a certified merit badge counselor.

| <i>SESSION</i> | <i>DATES</i> | <i>DAYS</i> | <i>TIMES</i> | <i>AGE</i> | <i>FEE</i> |
|----------------|--------------|-------------|--------------|------------|------------|
| #5 | November 3 | Sat | 7am – 12pm | 11+ | \$23 |

RIFLE SHOOTING



The Orem Fitness Center is excited to offer the Boy Scout Rifle Shooting merit badge. To obtain this merit badge, the scout must demonstrate the knowledge, skills, and attitude necessary for safe gun handling, the fundamentals of rifle shooting, and proper gun cleaning techniques. Scout must be accompanied by an adult and will be required to provide their own rifle and 50 rounds of .22 Cal. ammunition. **All firearms must be transported in and out of the Orem Fitness Center in gun cases.** There are a limited number of rifles available for rent. Classes will be taught by a certified merit badge counselor.

| <i>SESSION</i> | <i>DATES</i> | <i>DAYS</i> | <i>TIMES</i> | <i>AGE</i> | <i>FEE</i> |
|----------------|--------------|-------------|--------------|------------|------------|
| #4 | October 6 | Sat | 7am – 10am | 11+ | \$15 |
| #5 | December 1 | Sat | 7am – 10am | 11+ | \$15 |

Kid

just wanna...



DANCE



| DANCE | DAYS | TIME | AGE | CLASS | FEE |
|-------------------------|------|-------------|------|-------------------|------|
| Sept 10 - Dec 13 | MW | 9-9:45AM | 4-5 | Pre Ballet | \$75 |
| | MW | 10-10:45am | 3-5 | Creative Movement | \$75 |
| | MW | 3-3:45pm | 3-5 | Creative Movement | \$75 |
| | MW | 4-4:55pm | 5-7 | Creative Movement | \$92 |
| | MW | 4-4:45pm | 3-5 | Pre Ballet | \$75 |
| | MW | 5-5:55pm | 5-8 | Ballroom | \$92 |
| | MW | 5-5:55pm | 5-7 | HipHop | \$92 |
| Sept 11 - Dec 13 | TTH | 9-9:45am | 3-5 | Creative Movement | \$75 |
| | TTH | 10-10:45am | 4-5 | Pre Ballet | \$75 |
| | TTH | 1:30-2:15pm | 4-5 | Pre Ballet | \$75 |
| | TTH | 3-3:45pm | 3-5 | Creative Movement | \$75 |
| | TTH | 3:30-4:15pm | 4-5 | Pre Ballet | \$75 |
| | TTH | 4-4:55pm | 5-7 | HipHop | \$92 |
| | TTH | 4:30-5:25pm | 5-7 | Ballet I | \$92 |
| | TTH | 5-5:55pm | 7-9 | HipHop | \$92 |
| | TTH | 5:30-6:25pm | 6-9 | Jazz | \$92 |
| | TTH | 6:30-7:25pm | 7-10 | Ballet/Jazz Combo | \$92 |

| TUMBLING | DAYS | TIME | AGE | CLASS | FEE |
|------------------|------|------------|-----|----------|------|
| Sept 4-25 | TUE | 10-10:45am | 3-5 | Tumbling | \$16 |
| | TUE | 11-11:45am | 3-5 | Tumbling | \$16 |
| Oct 2-23 | TUE | 10-10:45am | 3-5 | Tumbling | \$16 |
| | TUE | 11-11:45am | 3-5 | Tumbling | \$16 |
| Nov 6-27 | TUE | 10-10:45am | 3-5 | Tumbling | \$16 |
| | TUE | 11-11:45am | 3-5 | Tumbling | \$16 |

TUMBLING



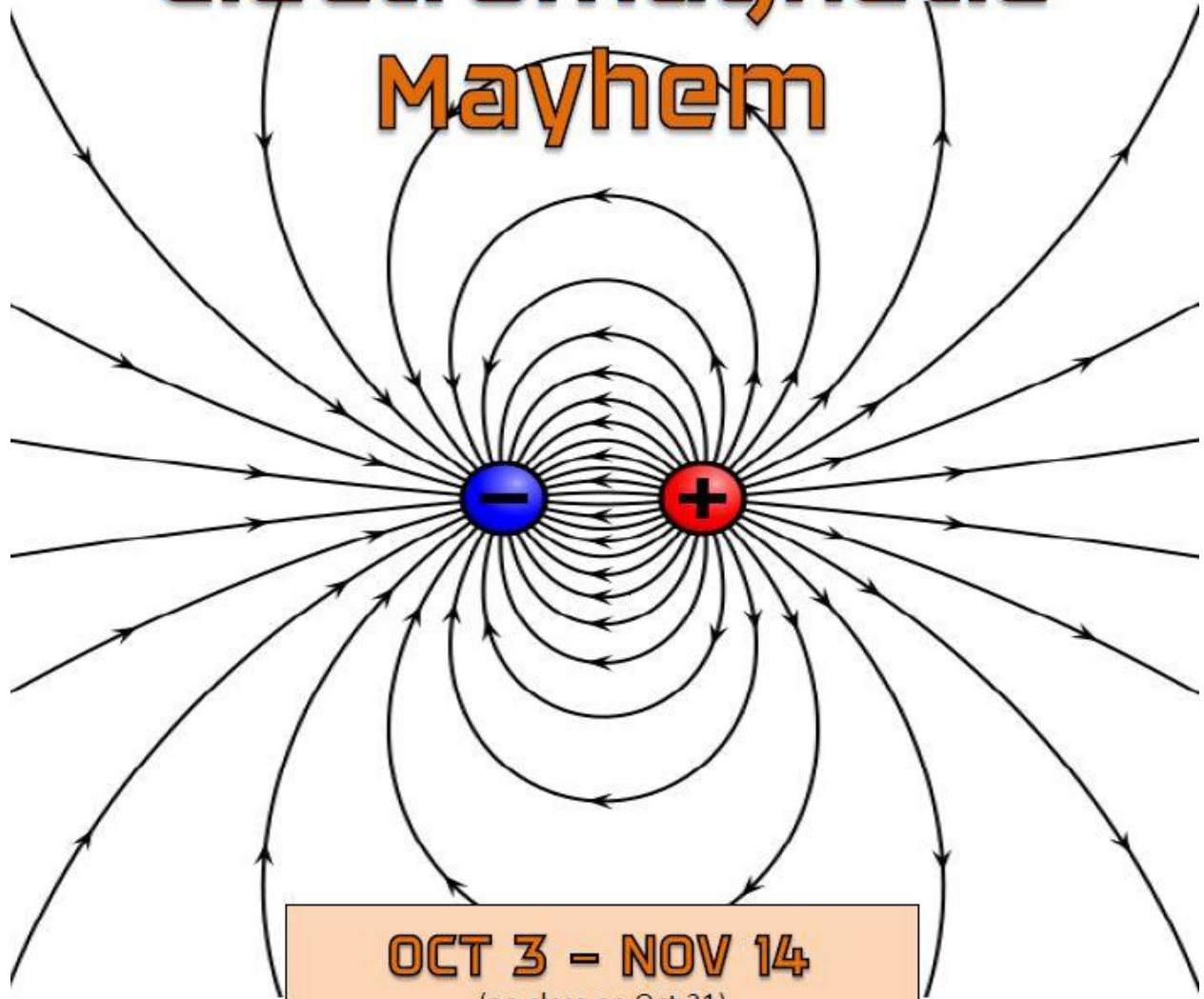
GYMNASTICS



| GYMNASTICS | DAYS | TIME | AGE | CLASS | FEE |
|-------------------------|------|----------|-----|----------------|------|
| Sept 11 - Oct 16 | TTH | 3-3:55pm | 6+ | Beg Gymnastics | \$59 |
| | TTH | 4-4:55pm | 6+ | Int Gymnastics | \$59 |
| | TTH | 5-5:55pm | 6+ | Adv Gymnastics | \$59 |
| | TTH | 6-6:55pm | 6+ | Adv Acrobatics | \$59 |
| Oct 23 - Nov 29 | TTH | 3-3:55pm | 6+ | Beg Gymnastics | \$59 |
| | TTH | 4-4:55pm | 6+ | Int Gymnastics | \$59 |
| | TTH | 5-5:55pm | 6+ | Adv Gymnastics | \$59 |
| | TTH | 6-6:55pm | 6+ | Adv Acrobatics | \$59 |

EVIL SCIENTIST ACADEMY

Electromagnetic Mayhem



OCT 3 - NOV 14

(no class on Oct 31)

Ages K-6th Wed 4-5pm \$79

- ~ Powerful Magnets
- ~ Magnetic Silly Putty
- ~ ELECTRIC SPARKS
- ~ Remote Control Battle Droids
- ~ FLYING PIE TINS
- ~ Plasma Ball
- ~ PICKLE-POWERED CLOCKS
- ~ Spiky Magnetic Liquid

FLOORBALL



OCT 4-NOV 15
THURSDAY NIGHT

| | | |
|---------------------------|----------------------|-------------|
| Kids League (6-8) | (6:30-7:20pm) | \$35 |
| Kids League (9-13) | (7:30-8:20pm) | \$35 |
| Adult League (14+) | (8:30-10pm) | \$49 |

**Equipment available if you do not have your own.*

***Clinic for ALL Orem Elementary School PE Teachers
September 15 (8-11am)***

*Come learn how to play Floorball and how to receive
FREE equipment for your school PE programs.*