

# Dementia Services

## Becoming Dementia Friendly

Dealing with dementia can be lonely for many families, but we're working to change that. It is estimated that there will be nearly 20,000 people living with dementia in Pierce County by 2030. By increasing awareness and offering supportive services, LCS Northwest is a leader in creating a dementia friendly Pierce County.

***We offer fun, informative, and FREE dementia friendly services, in addition to our existing programming. Please contact us if you are interested in:***

**Dementia Friends:** Focusing on community education, our goal is to increase awareness for dementia and reduce the stigma associated with it. **\*\*Currently being offered via Zoom!\*\***

**Opening Minds through Art (OMA):** We pair people with dementia with trained care partners/volunteers to create works of art in this 6-week activity. Materials provided. **\*\*Currently being offered via Zoom!\*\***

**Music and Memories:** Uplifting spirits and connecting with others through the joyful expression of music. 6-week sessions on Tuesdays. Pre-registration required. **\*\*Currently being offered via Zoom!\*\***



## Build Community, Get Involved

***We need your help in building a dementia-friendly community.*** Three ways to get involved are:

- 1) Listen and Advocate:** We want to speak with your community group or organization about dementia. Education is key to reducing stigma.
- 2) Volunteer:** Our training will help you work with people who have dementia. Volunteering is a rewarding experience.
- 3) Recommend:** Share information about our services with others.



**For more information, please contact:**

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**[lcsnw.org](http://lcsnw.org)**