



AUTUMN '26 CE & ANNUAL MEETING

October 16 - 18, 2026

Celebrating 125 years of optometry in the Granite State!

FRIDAY, OCTOBER 16, 2026

9:00 – 11:30 AM - NHOA Board of Directors Long-Range Planning Session – The NHOA Board of Directors will begin the weekend with a focused discussion on the Association's priorities, opportunities, and long-range direction. A fitting start to an anniversary weekend that celebrates where we have been while keeping an eye firmly on what comes next.

11:30 AM – 12:00 PM - 125th Anniversary Arrival & Registration Welcome – Welcome to Wentworth by the Sea and the NHOA's 125th Anniversary Weekend! Check-in, pick up your weekend materials, including your "Early Bird Gets the Warm" 125th Fleece, reconnect with colleagues, and settle in for three days of education, celebration, and professional community.

12:00 – 1:00 PM - NHOA Welcome Lunch – sponsored by iOR Partners – Our welcome lunch sponsor helps set the tone for the weekend with forward-thinking solutions designed to support optometric practices, strengthen patient care, and create new opportunities for growth.

The NHOA is proud to welcome **Drs. Frances Bynum, Roya Attar and J. James Thimons** to our 125th Anniversary CE Weekend. Their expertise, experience and commitment to education are helping us deliver a first-class program featuring timely, practical and highly relevant continuing education. We are grateful to each of them for being an important part of this milestone weekend.

1:00 – 3:00 PM - Chasing the "Benjamins": Billing & Coding Bootcamp 2026 – This course provides optometrists with an up-to-date review of medical billing and coding changes relevant to eye care in 2026. It emphasizes compliance, proper documentation, and optimization strategies for CPT, ICD-10, and E/M coding. Attendees will gain tools to reduce billing errors, enhance reimbursements, and navigate audits effectively. (101504-PM, 2 hours, Bynum)

3:00 – 3:30 PM - Wentworth Grounds Walk & Arrival Reset – Step outside for a short break and an opportunity to experience the historic grounds and waterfront setting of Wentworth by the Sea. The walk offers a natural reset between sessions while helping to set the pace and experience for the weekend ahead.

3:30 – 4:30 PM - ERG: Integrating Electroretinography into Everyday Optometric Practice – This interactive, case-based course provides a practical overview of integrating office-based ERG into everyday optometric practice. Participants will review the fundamentals of ERG testing, understand when to order the test, and learn how to interpret results in conjunction with clinical examination, OCT, visual fields, and patient history. The course features a rapid-fire series of real-world clinical cases highlighting the role of ERG in diagnosing retinal disease, unexplained vision loss, diabetic retinopathy, inherited retinal disorders, medication toxicity, and other retinal dysfunction. Each case emphasizes clinical decision-making, differential diagnosis, management, and referral considerations. (105463-GO, 1 hour, Bynum)

4:30 – 6:00 PM - Extended Exhibit Time & Toast to Optometry – Join us Friday afternoon in the common area between the Wentworth Ballroom and Solarium for extended exhibit time and a casual reception. Connect with colleagues and industry partners, raise a glass to 125 years of optometry in New Hampshire, and ease into the evening ahead.

6:00 – 8:00 PM – 125TH Community Building Experience (conducted by Portsmouth Team Building) – An interactive experience built around connection and a little friendly competition. This is a ticketed event with limited space. If you have not registered in advance, please contact the NHOA.



SATURDAY, OCTOBER 17, 2026



7:00 – 8:00 AM – Industry Breakfast – Alcon - OD attendees are invited to start the day with breakfast and a focused industry presentation exploring the role of early intervention with a Rho Kinase Inhibitor in glaucoma management. Jeff Banas, OD will lead the discussion.

8:00 – 9:00 AM – Horrible, Terrible, No Good, Bad Day: Managing Challenging Cases in Everyday Optometric Practice – Every optometrist has experienced the "horrible, terrible, no good, bad day"—the patient with unexpected vision loss, the painful red eye, the contact lens complication, or the routine exam that uncovers life-threatening systemic disease. This case-based course reviews common but challenging clinical scenarios encountered in everyday optometric practice. Through interactive discussion, participants will learn evidence-based diagnostic strategies, treatment options, referral guidelines, and practice management pearls that transform difficult encounters into opportunities for improved patient care and practice growth. (105876-SD, 1 hour, Bynum)

9:00 – 10:00 AM – “What the Inflammation?” Understanding Ocular Inflammatory Disease – Ocular inflammation is a common and potentially vision-threatening finding encountered in everyday optometric practice. Early recognition, accurate diagnosis, and timely intervention are essential to preserving vision and identifying underlying systemic disease. This one-hour, case-based course provides a practical approach to evaluating patients presenting with ocular inflammation, emphasizing differentiation of common inflammatory conditions affecting the anterior and posterior segments. It will review the clinical signs, diagnostic work-up, and evidence-based management of conditions including episcleritis, scleritis, anterior uveitis, keratitis, and selected posterior segment inflammatory diseases. (105464-SD, 1 hour, Bynum)

10:00 – 11:00 AM – Break, Exhibit Opportunity, CE Yoga – Take a mid-morning reset with time to visit our industry partners, recharge, or join the optional CE Yoga session. CE Yoga will be conducted right from your seat in the CE room, offering a simple guided stretch and wellness break without leaving the meeting space.

11:00 – 11:10 AM – Room Reset / CE Seating

11:10 – 12:00 PM – Inherited Retinal Diseases: Challenges in Diagnosis/Breakthroughs in Treatment – Inherited retinal diseases represent a diverse group of potentially vision-threatening posterior segment disorders requiring accurate diagnosis & individualized management. This case-based course reviews the clinical presentation, pathophysiology, differential diagnosis, & management of inherited retinal diseases, with emphasis on recognizing characteristic phenotypes & diagnostic mimickers. The course also examines the clinical utility & limitations of genetic testing, referral & co-management, patient counseling, & emerging gene-based therapies. (107232-TD, 1 hour, Attar)

12:00 – 1:15 PM – Industry Lunch – sponsored by Dompe – Neurotrophic Keratitis and Oxervate

1:15 – 2:00 PM – Exhibit Opportunity & OD / Industry Partner Speed Networking - The exhibit hall is open! Speed networking participants should head to the designated room for a fast-paced program designed to create connections, leads, and follow-up opportunities. Special thanks to our 2026 Gold and participating partners.

2:00 – 3:40 PM – When Injured Eyes Knock – This course provides a comprehensive review of chemical and mechanical ocular injuries, emphasizing rapid assessment, accurate diagnosis, and evidence-based management. Case-based scenarios highlight clinical decision-making, complications, and long-term sequelae affecting visual outcomes. (104239-TD, 2 hours, Attar)

3:40 – 4:00 PM – Exhibit Opportunity

4:10 – 5:50 PM – Next-Generation Retinal Care: Emerging Therapies & Best Practices for Modern Co-Management – This lecture explores advancements in retinal care, including gene therapies and innovative treatments. Attendees will learn about emerging therapies and strategies for effective collaboration & co-management to enhance patient outcomes. (104235-TD, 2 hours, Attar)

5:45 – 7:15 PM – 125TH Celebration Reception, Awards & Special Recognition – Join us for an evening celebrating 125 years of the NHOA, with special recognition of the people, milestones, and contributions that have helped shape the Association and the profession. **Entertainment provided by the Keller Duo.**

SUNDAY, OCTOBER 18, 2026

7:30 – 8:00 AM – Continental Breakfast & Coffee Bar

8:00 – 8:50 AM – The ABC's of Treating Corneal Disease – This course will review the spectrum of treating common & uncommon corneal infectious disease with special attention to the use of adjunctive oral & topical agents. (101625 – TD, 1 hour, Thimons)

8:50 – 9:20 AM – Morning Break / Final Exhibit Opportunity – Enjoy a final morning break and one last opportunity to connect with our valued industry partners before the weekend program continues.

9:20 – 10:10 AM – Neuro-Optometric exam – This course is designed to review the basic elements of a neuro-ophthalmic exam & its role in the Primary Eye Care practice. (101624-NO, 1 hour, Thimons)

10:15 – 11:45 AM – Appreciation Brunch, NHOA Annual Meeting – Gather for brunch and the annual business of the Association, including an AOA report from Immediate Past President Dr. Jacqueline Bowen, NHOA updates, elections, and special recognition.

11:45 – 1:30 PM – 2026 Glaucoma Update – An overview of new technologies and medications currently available & those under development and expected to be available in the next few years. (106879 – GL, 2 hours, Thimons)

1:30 PM – Weekend Recap / 125th Send Off

WEEKEND NOTES:

- Your NHOA 125th commemorative fleece is ready! Registrants who placed an order are invited to stop by the registration table to pick theirs up and enjoy a special keepsake from the weekend.
- The NHOA deeply values the partners who support our members, our programs, and the profession.
 - **Take time during the weekend to visit with our industry partners.** They bring products, services, and ideas designed to expand your eye care arsenal and strengthen your practice. Each has a story to tell, and we encourage you to hear it.
- Certificates will be given to each attendee at the end of each day. For your convenience, attendance will be submitted to ARBO / OE Tracker shortly after the conclusion of our program. Please allow 3-4 weeks for the data to appear online.
- Thank you for helping us keep the weekend running smoothly and on schedule. A bell will sound when each learning program is about to begin, a much nicer approach than having to call across the room. Every portion of the weekend has been carefully timed to meet CE and learning requirements, so we appreciate everyone working together to help us deliver the best possible program.
- Wentworth by the Sea Guest **WIFI Network:** _____ **Password:** _____

