

## GYM AND FITNESS CENTER GUIDELINES:

Gyms and fitness centers ***shall*** adhere to the guidelines for [Non-critical Infrastructure](#) – along with additional industry-specific guidelines below.

1. Placing signage at any entrance to instruct patrons that they cannot enter if they have been diagnosed with COVID-19, have symptoms of COVID-19, or had contact with a person that has or is suspected to have COVID-19;
2. Placing signage at any entrance and throughout the facility to instruct patrons of the enhanced sanitation procedures, Social Distancing requirements, and other instructions and limitations, as applicable, set forth below;
3. If workers are present, screening patrons at entrance. Patrons exhibiting symptoms of COVID-19 shall not be permitted to enter;
4. Limiting occupancy to enforce Social Distancing requirements and to prohibit Gatherings;
5. Utilizing contactless forms of patron check-in;
6. Providing hand sanitizer stations for patrons and encouraging use;
7. Providing sanitation wipes at or near equipment and requiring users to wipe down the equipment before and after use;
8. Requiring workers to patrol patron areas to enforce the equipment wipe-down policy and conduct additional cleanings during times when equipment is not being used;
9. Limiting use of cardio machines to every other machine to maintain acceptable Social Distancing between users;
10. Enforcing Social Distancing and prohibiting congregating between non-cohabitating patrons, especially in pools, group fitness classes, and in areas where group sports regularly occur;
11. Encouraging patrons to conduct their workout and exit the facility without unnecessary delay;
12. Complying with the regulations for “Childcare Facilities” included in Section VII of this Order titled “Children” if childcare services are provided.
13. In addition to the regular cleaning schedule, cleaning and sanitizing high touch surfaces, bathrooms, and locker rooms regularly throughout hours of operation;
14. Prohibiting patrons from sharing equipment without cleaning and sanitizing between uses;
15. Practicing Social Distancing between trainers and patrons as practicable;
16. Requiring no less than ten (10) feet of distance between patrons participating in group fitness classes; and
17. Requiring rooms and equipment used for group fitness classes to be disinfected between classes.