

## Activity: Messages to God



**FAMILY TIME**  
TRAINING

Teaching Goal: God is watching us from heaven and wants to bless us.

Scripture: Deuteronomy 26:15 Look down from heaven, your holy dwelling place, and bless your people Israel and the land you have given us as you promised on oath to our ancestors, a land flowing with milk and honey.

Materials: Helium balloon for each person  
Markers

- I. Play theme song
- II. Pray
- III. Review last lesson
- IV. Lesson and discussion

- ✓ Words that are written in **bold** are when the leader is speaking. Feel free to use your own words.

A. DISCUSSION: Invite a volunteer to read Deuteronomy 26:15. **What does this Bible verse teach us?** Listen to answers. *There is a God. There is a heaven. God is in heaven. He is watching us. And God wants to bless us. God knows what we are doing and he loves us very much!*

B. ACTIVITY: **Let's tell God how much we love Him. We are going to send messages to God in heaven.** Each person draw a picture or write a message on a helium balloon. "I love you" or trace your handprint on a helium balloon and let it go, watching until it disappears into heaven. Younger children may tell parents what they want to say then scribble on the balloon or have the parent write the message for them. Ideas: "God we love you." "Thank you for our family." (List family members.)

Together, lay outside in an open area and one at a time release the balloons into the sky.

- V. Memorize:

**Messages of love,  
To God above.**

- VI. Close in Prayer
- VII. Pass It On

Make an extra copy of this lesson and *pass it on* to another family.

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