

What if it isn't *"just a phase"*?:

Recognizing the Signs of Early Psychosis in Teens and Young Adults Presentation

Sometimes it's hard to tell if what a young person is experiencing are the routine challenges of young adulthood or something else, such as the early signs of psychosis. Knowing what to look for and when a young person might need extra help early on may be the first step to help prevent mild to moderate symptoms from turning into a chronic illness. Attend one of our monthly virtual workshops to learn what the signs of early psychosis may look like in a young person, and how to get them connected to help.

Together we will also learn about the treatment and resources offered by the Department of Mental Health's PIER/EPI-LA Program. This program helps young people ages 12 to 25 and their families build on their coping skills, reduce stress and achieve life goals.



Every second Monday of the month
6:30pm-8pm virtually using Zoom



For more information, contact:

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