

QPR Suicide Prevention Training

NAMI Urban LA is offering a FREE virtual 2 hour **QPR Suicide Prevention Certification training**.

KEY COMPONENTS COVERED IN TRAINING:

- How to Question, Persuade and Refer someone who may be suicidal
- How to get help for yourself or learn more about preventing suicide
- The common causes of suicidal behavior
- The warning signs of suicide
- How to get help for someone in crisis
- Know how to offer hope

UPCOMING TRAINING

Wed. 9/30/26 **10am - 12pm**

Location: Zoom- Register for link

All learners receive an enriched program review (QPR booklet and resource sheet) after completing training.



**Ask A Question,
Save A Life**

For questions, contact Aracely Hernández (Email: ahernandez@namiurbanla.org / Phone: (323) 294-7814 Ext. 111)

Register here:

