NCDHHS

Division of Mental Health, Developmental Disabilities and Substance Use Services

We support the well-being of all North Carolinians by building systems, services and supports for:

Mental Health | **Intellectual/ Developmental Disabilities** | **Substance Use** | **Traumatic Brain Injury** | **Problem Gambling**



The NCDHHS Division of Mental Health, Developmental Disabilities and Substance Use Services provides **funding and oversight** of specialized out-patient mental health and substance use services for Deaf, Hard of Hearing and DeafBlind residents statewide.



All services, including crisis solutions, may be initiated through **Local Management Entities/Managed Care Organizations (LME/MCOs)**. Additionally, outpatient services may be initiated through the division's contractual partner, **RHA Behavioral Health**. For more information on services from RHA Behavioral Health, call 919-518-9293 (8 a.m.-5 p.m. Monday through Friday) or email at rhadhhbusinessoffice@rhanet.org. Services are provided by culturally competent clinicians and outreach specialists fluent in American Sign Language and knowledgeable about communication needs of people with hearing loss.



Specialized in-patient psychiatric and substance use services are managed by the Department of Health and Human Services and provided at **Broughton Hospital in Morganton**.



If you're experiencing a suicidal crisis or emotional distress, the **988 Suicide & Crisis Lifeline** is available 24/7 with support for Deaf, Hard of Hearing, and DeafBlind individuals. You can connect in several accessible ways:

- **Videophone –** Dial 988 directly using your videophone or smartphone through a video relay service app.
- **Text –** Send a text message to 988 to reach a crisis counselor.
- **Chat –** Visit the 988 website and click the "Chat" button to connect online.



When mental health services are accessible and culturally aware, outcomes improve greatly. The recommended changes to reduce barriers include having ASL-fluent mental health providers, qualified mental health-trained interpreters, captioning, Protactile communication options, and spaces designed to be fully accessible for Deaf, Hard of Hearing, and DeafBlind individuals.

Making services accessible is not an extra feature, it is a basic human right.

For questions or additional resources, please contact the Deaf and Hard of Hearing Program Lead, Dara Baril: Dara.Baril@dhhs.nc.gov

NC DEPARTMENT OF HEALTH AND HUMAN SERVICES
Division of Mental Health, Developmental Disabilities and Substance Use Services

ncdhhs.gov/divisions/mhddsus

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