



The North Carolina Youth Leadership Forum

What is a YLF?

- Youth Leadership Forum is an event for **youth and young adults with disabilities between the ages 15 and 30**. This event is to support them with transition skills whether it is going from high school to post secondary education, post secondary education to work, moving out of parents' home to living independently, or any other transition phase that may be taking place. This 5-day and overnight event encourages youth and young adults with disabilities to practice advocacy in their lives, whether individually or in the community. This experience is aimed at empowering, skill strengthening, and evolving the future generation of disability rights leaders. Presentations, discussions, and activities revolve around topics like pre-employment and employment skills, housing, disability history and rights, goal setting, disability resources and support services, and leadership. NCYLF builds young leaders while enabling them to experience independence and find their voice as advocates through fun and engaging activities. This life-changing program is FREE to all participants and provides all requested accommodations, such as interpreters, CART, alternate formats, etc.

The 2025 North Carolina Youth Leadership Forum

- The 2025 NCYLF will be held at North Carolina State University. Delegates will get a taste of college life by staying in the dorms, eating in the dining halls, learning in the meeting rooms, and hanging out in dorm lounges. We provide accommodations that are needed. We cover all costs of the forum, including meals, lodging, and meeting materials. You will need to bring your awesome self, linens, clothes, medicine, durable medical equipment, hygiene products, and any other items that are necessary.