

The Path to Prevention: Foundations for Suicide Prevention

Building Resilience • Crisis Services • Support Strategies



Learn. Connect. Prevent

We all have a role to play in promoting mental health and preventing suicide. Whether you're a parent, coach, faith leader, educator, healthcare professional, coworker, friend, or neighbor, the right knowledge and tools can help you recognize when someone may be struggling, offer support, and connect them to resources.

The Path to Prevention is a community-centered summit and training event designed for individuals who want to build a stronger foundation in mental health and suicide prevention. Whether you're new to these topics or looking to better understand how to recognize concerns and connect others with support, this event will provide practical, accessible knowledge and resources.

Thursday, September 17, 2026

Registration begins: 9:00 a.m. | Event: 10:00 a.m.–3:00 p.m.

Life Enrichment Center, Raleigh NC

Lunch will be provided

Register by September 10, 2026.



Questions? Contact Grace Lutter at SPI@unc.edu



School of Medicine



**NC DEPARTMENT OF
HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities and
Substance Use Services

