

NC IDD Health ECHO™ for Primary Care Providers

Free CME/CEU Opportunity!

The Arc of NC and the Autism Society of NC, with support from NC DHHS, are seeking primary care providers (physicians, FNP's, PAs) across North Carolina who care for adolescents and adults with intellectual and developmental disabilities (IDD) and would like to enhance their expertise in working with this population.



with funding provided by:



What is Project ECHO?

Project ECHO™ is an online learning and guided practice model that is revolutionizing professional education. The program links clinicians practicing in local communities (the "spokes") with subject matter experts (the "hub"). It is hosted in a tele-mentoring format involving a mix of didactic presentations and in-depth case consultations.

What does participation entail?

Your commitment would include eight 90-minute sessions. Sessions are on Tuesdays between May 6-July 15, 2025 from 12:00-1:30pm. **There is no cost to participate- CMEs, CEUs, and contact hours will also be provided free of charge.**

To register and see exact dates, scan QR code or click here.



Didactic Topics

- The Fatal Five:** top preventable causes of illness and death in people with IDD
- Actions Speak Louder than Words:** behavioral manifestation of underlying medical conditions in people with IDD
- Oral Health:** Implications of Delayed Dental Health and the role of Primary Care in Identifying Concerns
- Creating an Inclusive Office Experience** for people with IDD and Autism
- Psychotropic Medication Use** in People with IDD
- Primary Care Provider Order Requirements** for Paid Community Supports
- Tailored Care Management and 1915i Services:** what Primary Care Providers need to know
- The role of OT** in supporting people with IDD and ASD and when to make a referral

Meet the Hub Team

- Craig Escude, MD, FAAFP, FAADM- IntellectAbility*
- Kristy Myers, RN, The Arc of NC*
- Melinda Plue, MSW, LCSW, The Arc of NC/family member*
- Olivia Rose, Self-Advocate*
- Whitney Sulkonick, MA, LPA, BCBA- Autism Society of NC*
- TBA- Care Manager, The Arc of North Carolina*

AREA L AHEC
PART OF NC AHEC

RECRUIT
TRAIN
RETAIN

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of Area L AHEC, The Arc of North Carolina, and The Autism Society of NC. Area L AHEC is accredited by the SSCC to provide continuing medical education for physicians. Presenters and planners for this educational activity have returned documentation stating that they do not have financial relationships with ineligible companies, and they will not be discussing any off-label or investigational drugs.