



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities and
Substance Use Services

Increase Recovery Support in North Carolina

Free Zoom Training to learn facilitation skills

October 5th & 6th, 2026

From 9 a.m. to 5 p.m. each day

Live on Zoom or online self-paced option

- Evidence-informed approach with practical tools
- Harm reduction perspective that supports all pathways to recovery
- 10-13 Continuing Education Units Awarded

SMART offers a pathway for individuals struggling with any addictive behavior and their families that is accessible, adaptable and affirming.

- Inclusive language, non-religious content
- Applicable at any stage of change
- Supportive of Medication Assisted Treatment
- Focus on strengths and skills, not labels

No experience needed, just a desire to help and learn.



**Join a growing movement
that's changing lives with
proven tools and real support!**

