

Caring with Compassion

For your loved ones and yourself



Did you know that over half of Asian Americans and Pacific Islanders are caregivers to an older family member? With dementia rates in the AAPI community on the rise, join us for a discussion about what brain disease looks like in our community, and a panel discussion on how to be a caregiver while taking care of your own mental health.



Heather Carter
Dementia Services
Coordinator, NC Division
of Aging



Lea Thach
Health Director, Cambodian
Legacy Project
Registered Nurse



Claire Chen
Bilingual Program
Coordinator, Orange
County Department on
Aging

Moderated by Pooja S. Mehta

Tuesday, June 16th | 4:00 PM - 5:00 PM

Registration Required:

tinyurl.com/TarangCaringwithCompassion

**GOVERNOR'S
INSTITUTE**



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Mental Health,
Developmental Disabilities
and Substance Use Services

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