



# CELEBRATING HISPANIC HERITAGE MONTH: A Conversation on Culture, Identity and Mental Health

WEDNESDAY, OCTOBER 1, 2025 • FROM 12:00 – 1:30 P.M.

Join DMH/DD/SUS for a webinar celebrating Hispanic Heritage Month as we explore the powerful connection between culture, identity and mental health within Hispanic and Latino communities. This webinar will address how cultural values and experiences shape mental well-being, the impact of stigma on seeking support, and the importance of embracing community strengths.



REGISTRATION LINK: [www.zoomgov.com/meeting/register/rcfkbFUTT6muUQGe9s4\\_Eg](https://www.zoomgov.com/meeting/register/rcfkbFUTT6muUQGe9s4_Eg)



NC DEPARTMENT OF  
**HEALTH AND  
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