

NC Family Support ECHO™ - 2026 Statewide Cohort

Professional Development Opportunity!

The Arc of North Carolina and the Autism Society of North Carolina are filling the next cohort for NC Family Support ECHO. Do you provide family support for people with IDD as a part of your professional role? Do you want to learn more about specific topics that are common in this work? Do you want to connect to others doing the same kind of work that you do? Are you interested in building a professional network? If you work with the the IDD population - children, adolescents, or adults- and you would like to enhance your expertise in your work, this opportunity is for you.



in partnership with



SCHOOL OF MEDICINE
Carolina Institute for Developmental Disabilities

What is Project ECHO?

Project ECHO™ is an online learning and guided practice model that will provide you some professional development. It links people working in IDD family support in local communities (the "spokes") with subject matter experts (the "hub") for live sessions. It is hosted virtually and involves a mix of didactic presentations and in-depth hypothetical case reviews.

What does participation entail?

Your commitment is **seven 90-minute sessions** held weekly via Zoom. Sessions will start on January 14, 2026 with a practice/orientation session and occur the next six Wednesdays from 11:45-1:15pm. The final session is on February 25th. There is no cost to participate. Contact hours will be provided free of charge for those needing CEUs. To register, scan the QR code below or **click here**.



Possible Didactic Topics

- Linking People with IDD to Services
- Care Management: A Lifeline for People with IDD
- Self-Advocacy in North Carolina
- Flipping the Script on Guardianship
- SSI/SSDI: How Does It Work for Families in NC?
- Saving Money When Someone Has Medicaid

Meet the Hub Team

- Christy Moore, Exceptional Children's Assistance Center*
- Morgan Parlier, Carolina Institute for Developmental Disabilities*
- Melinda Plue, The Arc of North Carolina*
- Steve Strom, NC DHHS/Fragile X Foundation*
- Kim Tizzard, Autism Society of North Carolina*



NC Family Support ECHOs have been happening across NC since 2019. Survey data indicates that every person participating in an ECHO cohort reports a better understanding of their ability to provide quality family support and resources to the families they support. Questions? Reach out to us at NCFSECHO@arcnc.org.

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