

# Eating Disorders: Overview and Treatment

**Date:** Wednesday, February 28, 2024

**Time:** 12–1 pm (Eastern Time)



In honor of National Eating Disorders Awareness Week (February 26 - March 1), we will discuss eating disorders including anorexia nervosa, bulimia nervosa, binge eating disorder, and avoidant/restrictive food intake disorder. We will also review treatment options and resources for each.



## Featured Speaker: P. Evelyn Kambanis, PhD

Evelyna is a postdoctoral fellow at the Eating Disorders Clinical and Research Program at Mass General. She graduated from the University of Wyoming with a PhD in Clinical Psychology in 2023 and completed her predoctoral internship at Mass General. Her research and clinical interests primarily focus on avoidant/restrictive food intake disorder.

- This program is free and open to Mass General patients, families, staff, and the general public.
- To attend this program, click on this link: <https://partners.zoom.us/j/83633207268>
- Please submit questions you may have about the topic before the program to: [PFLC@partners.org](mailto:PFLC@partners.org) so that the speaker may address them during the session.

For more information, call 617-724-7352 or email [PFLC@partners.org](mailto:PFLC@partners.org)



### Blum Center Program Schedule

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