

# Immediate Responder Training

An initiative of the  
Stepping Strong Injury Prevention Program

## Did you know?

Blood loss and opioid overdoses are two leading causes of preventable injury-related death

It can take as little as...



3  
MINUTES

For someone to die from blood loss



4  
MINUTES

After breathing stops before brain damage sets in



7  
MINUTES

Median ambulance response time in Boston

## How can you help?

Learn how to help control traumatic bleeding and administer naloxone in our Immediate Responder Training.

Sessions are in-person and 1.5 to 2 hours depending on group size.

## Set up a training today!

Email Veronica at  
[vtoppe@bwh.harvard.edu](mailto:vtoppe@bwh.harvard.edu)  
to schedule a training for your organization or team.



Brigham and Women's Hospital  
Founding Member, Mass General Brigham

The Gillian Reny  
**STEPPING STRONG**  
Center for Trauma Innovation