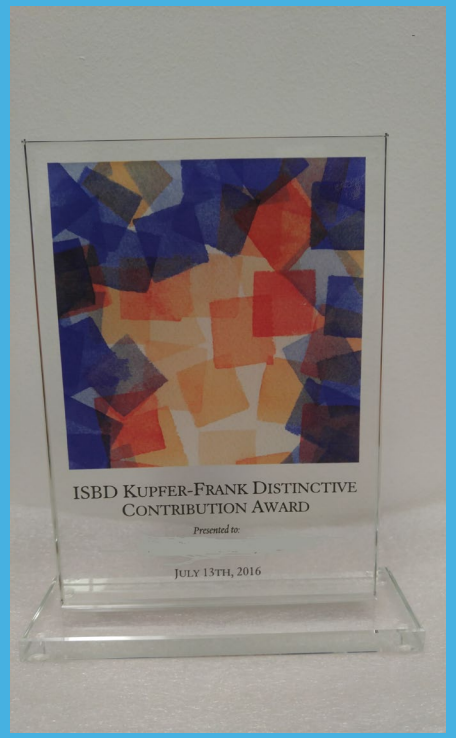


ISBD 2026 AWARDS

PRESENTED ON SEPTEMBER 29, 2026
AT THE ISBD 2026 VANCOUVER CONFERENCE







2026 ISBD AWARDS

ISBD-BDJ Best Paper Awards

Samuel Gershon Junior Investigator Awards

Early Mid Career Travel Awards

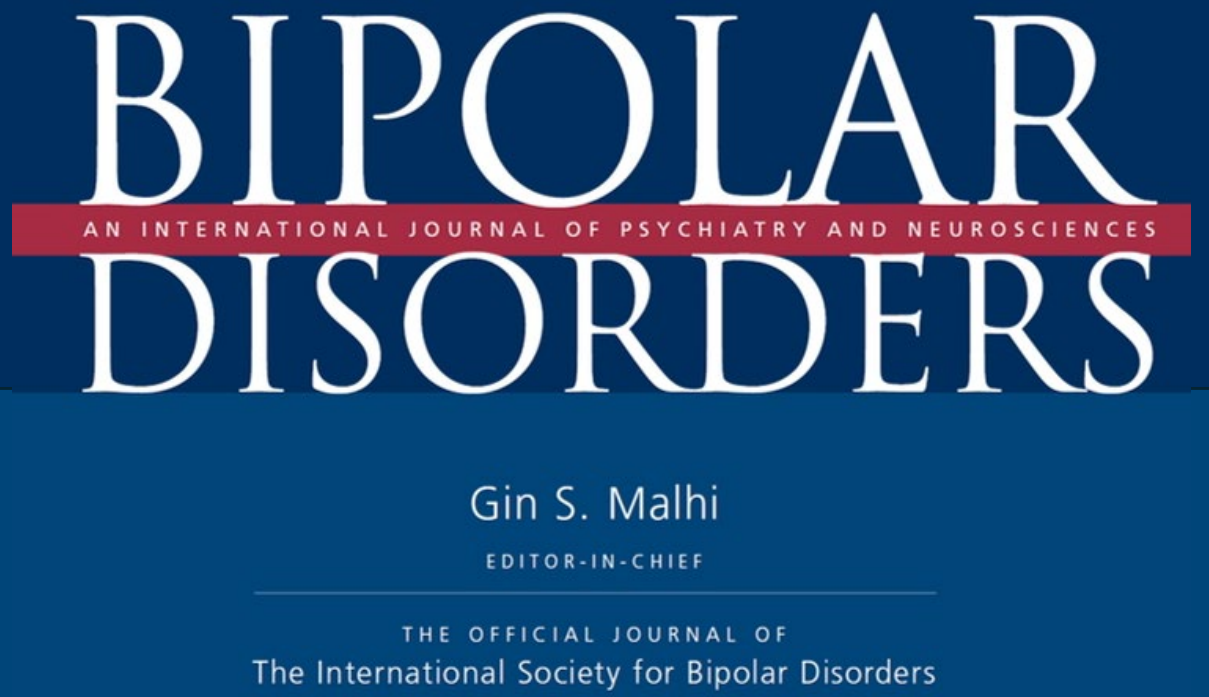
Mogens Schou Awards

Kupfer Frank Award for Distinctive Contribution

Robert Post Mentorship Award

ISBD-BDJ BEST PAPER AWARDS

Awards based on manuscripts published in 2025. Winners were evaluated and overseen by the Editor, Professor Gin S. Malhi.



2025 Best Paper Awards

Winner: Ji Hyun Baek

"Neurobiological Mechanisms Link Bipolar Disorder to Cardiovascular Disease: A Retrospective Biobank Study of Adverse Event Risk and Contributory Mechanisms"

Baek, J.H., Grewal, S.S., Karam, K.A., Hanlon, E.R., Abohashem, S., Seligowski, A.V., Henry, M., Osborne, M.T., Nierenberg, A.A. and Tawakol, A.

Bipolar Disord 2025, 27: 57-66. https://doi.org/10.1111/bdi.13516

2025 Best Paper Awards

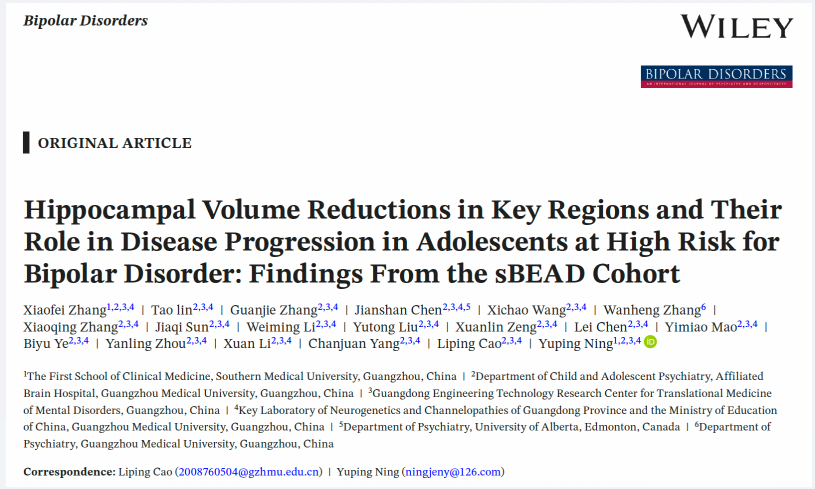
Runner Up: Emma Morton

"The Type, Impacts, and Experiences of Peer Support for People Living With Bipolar Disorder: A Scoping Review"

Morton, E., Willis, E., Brozena, J., Kcomt, A. and Michalak, E.E.
Bipolar Disord 2025, 27: 96-107. https://doi.org/10.1111/bdi.70006

2025 Best Paper Awards

Honorable Mentions:



Bipolar Disorders

WILEY

BIPOLAR DISORDERS

ORIGINAL ARTICLE

Hippocampal Volume Reductions in Key Regions and Their Role in Disease Progression in Adolescents at High Risk for Bipolar Disorder: Findings From the sBEAD Cohort

Xiaofei Zhang[1,2,3,4] | Tao lin[2,3,4] | Guanjie Zhang[2,3,4] | Jianshan Chen[2,3,4,5] | Xichao Wang[2,3,4] | Wanheng Zhang[6] | Xiaoqing Zhang[2,3,4] | Jiaqi Sun[2,3,4] | Weiming Li[2,3,4] | Yutong Liu[2,3,4] | Xuanlin Zeng[2,3,4] | Lei Chen[2,3,4] | Yimiao Mao[2,3,4] | Biyu Ye[2,3,4] | Yanling Zhou[2,3,4] | Xuan Li[2,3,4] | Chanjuan Yang[2,3,4] | Liping Cao[2,3,4] | Yuping Ning[1,2,3,4]

[1]The First School of Clinical Medicine, Southern Medical University, Guangzhou, China | [2]Department of Child and Adolescent Psychiatry, Affiliated Brain Hospital, Guangzhou Medical University, Guangzhou, China | [3]Guangdong Engineering Technology Research Center for Translational Medicine of Mental Disorders, Guangzhou, China | [4]Key Laboratory of Neurogenetics and Channelopathies of Guangdong Province and the Ministry of Education of China, Guangzhou Medical University, Guangzhou, China | [5]Department of Psychiatry, University of Alberta, Edmonton, Canada | [6]Department of Psychiatry, Guangzhou Medical University, Guangzhou, China

Correspondence: Liping Cao (2008760504@gzhmu.edu.cn) | Yuping Ning (ningjeny@126.com)

Xiaofei Zhang



Bipolar Disorders

WILEY

BIPOLAR DISORDERS

ORIGINAL ARTICLE OPEN ACCESS

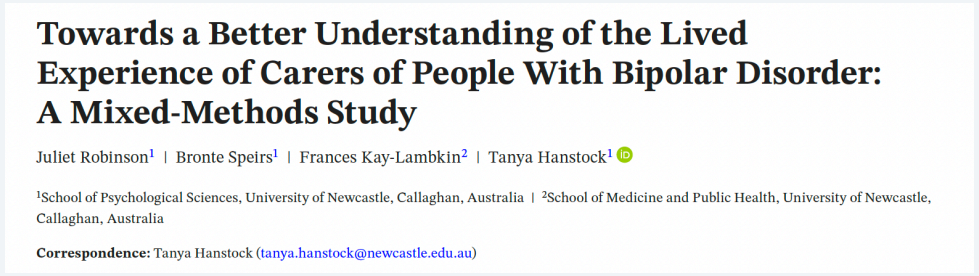
Impact of Activation Therapy for Inpatients With Major Depression: Primary and Secondary Outcomes From a Randomised Controlled Trial

Katie M. Douglas[1] | Zoe A. Odering[1] | Jennifer Jordan[1,2] | Marie T. Crowe[1] | Cameron J. Lacey[1] | Christopher M. Frampton[1] | Ian R. E. Averill[2] | Cecilia Smith Hamel[3] | Christopher R. Bowie[4] | Richard J. Porter[1,2]

[1]Department of Psychological Medicine, University of Otago Christchurch, Christchurch, New Zealand | [2]Specialist Mental Health Services, Te Whatu Ora: Health New Zealand, Canterbury, New Zealand | [3]Mental Health and Addictions Services, Te Whatu Ora: Health New Zealand, South Canterbury, New Zealand | [4]Department of Psychology, Queen's University, Kingston, Ontario, Canada

Correspondence: Katie M. Douglas (katie.douglas@otago.ac.nz)

Katie Douglas & Zoe A. Odering



Towards a Better Understanding of the Lived Experience of Carers of People With Bipolar Disorder: A Mixed-Methods Study

Juliet Robinson[1] | Bronte Speirs[1] | Frances Kay-Lambkin[2] | Tanya Hanstock[1]

[1]School of Psychological Sciences, University of Newcastle, Callaghan, Australia | [2]School of Medicine and Public Health, University of Newcastle, Callaghan, Australia

Correspondence: Tanya Hanstock (tanya.hanstock@newcastle.edu.au)

Juliet Robinson

Scan to see all 2025 Best Papers



SAMUEL GERSHON JUNIOR INVESTIGATOR AWARDS



Katharina Meyer, PhD

Postgraduate Student

Wyss Institute at Harvard University
Boston, United States

“Altered Protein Phosphorylation in a Novel Midbrain Organoid Model for Bipolar Disorder”



Maya Schumer, Degree

Postdoctoral Fellow

McLean Hospital
Harvard Medical School
Belmont, United States

“Amygdala Functional Hyperconnectivity: A Multiple Symptom Subdomain Marker of the Bipolar Risk to Disorder Spectrum”



Dimosthenis Tsapekos, PhD

Postdoctoral Research Associate

King's College London
London, United Kingdom

"Beyond cognition: the emergence of metacognition as a functionally relevant therapeutic target in euthymic bipolar disorder"



Ezgi Cesim

PhD Candidate

Dokuz Eylül University
Institute of Health Sciences
Izmir, Turkey

“Social Cognitive Impairment Across the Bipolar Disorder Continuum: A Comparative Study of High-Risk, First-Episode, and Chronic Groups”



Frances Nkechi Adiukwu, MBBS, FWACP
Senior Lecturer

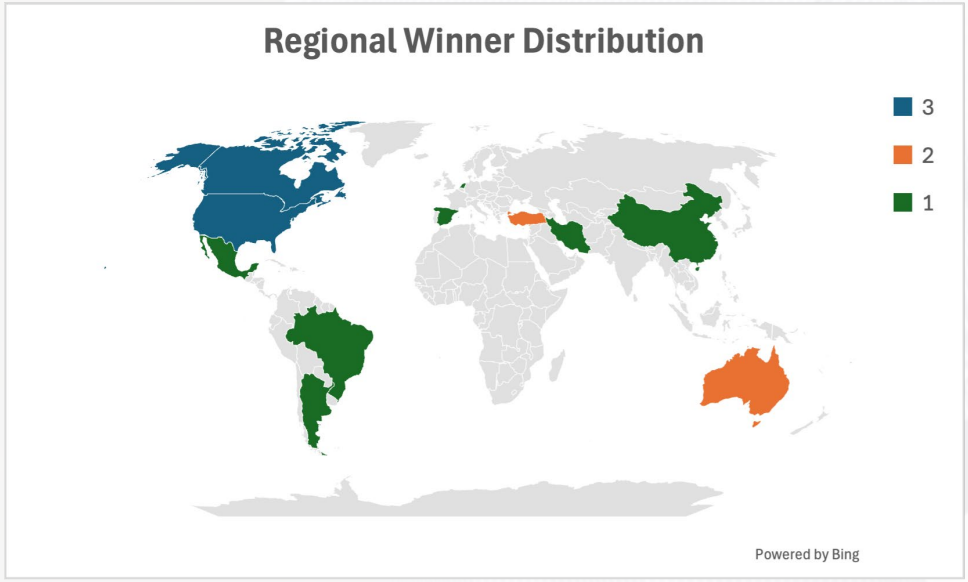
University of Port Harcourt
Department of Mental Health
Port Harcourt, Nigeria

“Real-world prescription patterns and clinical guideline adherence in the management of mania among patients with bipolar disorder in Nigeria ”



EARLY MID-CAREER TRAVEL AWARDS

Supported by a generous contribution from the Baszucki Group



2026 Early-Mid-Career Travel Award Winners

(Metabolic Focus in Red)


Sinem Balaç


Sophie Buchmaier


Michele De Prisco


Lucas dos Santos da Silva


Manuel Gardea-Resendez


Carolina Hernandorena


Kutlu Kaya

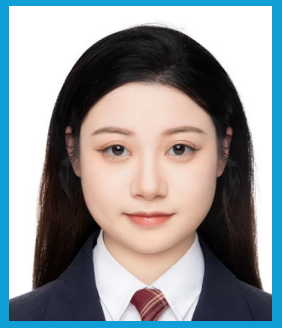

Shuangyu Qi


Nastaran Samani


Sara Siddiqi


Jennifer Siegel-Ramsay


Alysha A. Sultan


Anying Tang


Emiliana Tonini


Hailey Tremain


Sophie van Zonneveld


Bercu Verim


Sabrina Wong



MOGENS SCHOU AWARDS

Named in honor of Professor Mogens Schou, pioneer of lithium as a treatment for mood disorders, this Award includes the following three categories:

- Research
- Education and Teaching
- Public Service and Advocacy

Research

Trisha Suppes, MD, PhD
Professor of Psychiatry and Behavioral Science

Stanford University School of Medicine
Stanford, United States



Education and Teaching

Benjamin I Goldstein, MD, PhD
Professor of Psychiatry & Pharmacology

University of Toronto
Toronto, Canada



Public Service and Advocacy

Andrea B. Vassilev, PsyD

Psychotherapist, Author, Advocate

Los Angeles, United States



KUPFER-FRANK DISTINCTIVE CONTRIBUTION AWARD

Recognizing the work of individuals who have made a lasting positive impact on the capacity of the ISBD to carry out its mission



2026 Kupfer-Frank Distinctive Contribution Award Winner

Gin S Malhi, FRCPsych, FRANZCP, MD
Professor of Psychiatry

The University of Sydney
Sydney, Australia



ROBERT POST MENTORING AWARD

The purpose of this award is to highlight the importance of mentoring, to acknowledge the contributions made by Professor Robert Post, and to ensure that mentoring remains a key focus within the mission of ISBD



2026 Robert Post Mentoring Award Winner

Ayal Schaffer, MD, FRCPC

Professor of Psychiatry

University of Toronto
Toronto, Canada

