



By: Robyn Wenrich, MT, BCTMB

Attending continuing education through AMTA is one of the best investments I have ever made in my career! I always benefit from the experience in a multitude of ways.

For example, we know we need to take care of ourselves to have the energy and desire to care for our clients with our best efforts. If I've been feeling tired and overwhelmed by the demands of my practice the instructors recharge my enthusiasm for my profession and help develop and fine tune my skill set. Each one of us is uniquely gifted with abilities that can help not only our clients but also our peers; I always learn something new from fellow classmates as well as from the instructor. Live classes bring together massage therapists from all over the state and this helps me build my peer network.

As a new therapist I hesitated to go to continuing education, afraid to reveal what I didn't know yet. But I quickly realized I had found a community of support and understanding that I couldn't find elsewhere. It strengthened me and improved my skill set immediately just through interaction. As an experienced therapist I love the way the new therapists bring a vital burst of energy to the profession.

My attendance helps develop our impact as a massage community. We have the opportunity to share ideas and express support for each other. When we work together, we can shape the way our industry is perceived by the public and regulated by government agencies. I recently moved to another state and am having difficulties with getting reciprocity for my national board certification. AMTA is working for me on a personal level to voice my concerns to the new state's governing body. This kind of support is priceless and deeply appreciated. This is a direct result of the involvement with AMTA that started through attending their continuing education classes.

The classes are with NCBTMB vetted professionals who excel in manual therapy. The class time is well paced, there is adequate time to absorb the information presented and even discuss its' applications with other classmates and the instructor. The cost is very reasonable and one of the best buys available for participatory instruction. Book learning and the internet are great tools but the opportunity to feel the techniques in my hands and then use it in my treatment room with confidence is essential.

I always look forward to all of these aspects of my next weekend of classes. I highly recommend you try it too.