

# Talking to kids

## ABOUT HEALTHY RELATIONSHIPS

### SESSION INFO

**Tuesday, March 31<sup>st</sup>**

6-7:30 pm

OR

**Thursday, April 2<sup>nd</sup>**

8:45-10 am

**Rosemary Recreation Complex in**

**Needham, MA**

Multi-Purpose Room



### FOR PARENTS, EDUCATORS, AND CAREGIVERS:

It's never too early—or too late—to talk to the young people in your life about relationships. This workshop will share strategies to help your child build skills to engage in healthy friendships and articulate and respect boundaries. Parents and caregivers will learn how to foster dialogue and engage young people in thinking critically about healthy and unhealthy relationships. This presentation will provide tools to initiate and continue these conversations and will connect participants with local resources that offer support and prevention services in the Needham community.

### ABOUT JESSICA:

Jessica Teperow is the CEO and Founder of JT Consulting and a Needham parent. With more than two decades of experience working with organizations that address sexual and domestic violence, Jessica facilitates workshops for professionals and community members to increase our individual and collective capacity to recognize, respond to, and prevent relationship violence.

### PRESENTED IN PARTNERSHIP

Needham Domestic Violence Action Committee

To attend one of these sessions in-person or virtually register at

<https://bit.ly/4qgYCYW> or by scanning the QR code.

