

The Addiction Inoculation: Raising Healthy Kids in a Culture of Dependence with Jessica Lahey



For Parents, Caregivers & Educators of Kids in Grades 6-12



Jessica Lahey:
*Educator, Best-Selling
Author, and Recovery &
Prevention Coach*

What: In-Person Presentation

When: Wed, March 18, 2026

Time: 6:30-8:00pm

Where: Powers Hall

Needham Town Hall



Bonus!
Book Group
Wed Mar 25th 6:30-7:30
Rosemary Recreation Center
178 Rosemary St.
to discuss
The Gift of Failure
by Jessica LAhey

Sign up now: Scan the QR code
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<https://bit.ly/MindfulMar18>

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In this presentation Jess will offer:

-  Evidence-based, effective learning and prevention resources that work.
-  Information about the negative short- and long-term impact of addictive substances on the adolescent brain
-  Scripts adults can use to open up discussions about substance use with the kids in their lives.
-  And the language to help adults communicate more effectively with kids

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