

The Council's Memory Cafe

A welcoming gathering where individuals living with dementia and their care partners can relax and connect together in a joyful and supportive setting.



Council's Memory Cafe
Coffee, Snacks & Activity



Moving to Music with
Donna Newman-
Bluestein



Tuesday, May 26th



10:30 AM- 12:00 PM



VFW Needham
20 Junction Street,



Donna will invite participants to move to irresistible music from the 1950s to the present. Participants will move in ways that are simple and beneficial for both physical and brain health. Come ready to have fun and leave with a greater sense of vitality, joy, community, and well-being.

Contact Program Manager Stephanie
Knoch for more information:



781-444-2415 x 2030



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needhamcouncil.org/dementiacare

The Memory Cafe
is **FREE!**



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FREE PUBLIC
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