

The Council's Memory Cafe



A welcoming gathering where individuals living with dementia and their care partners can relax and connect together in a joyful and supportive setting.



Council's Memory Cafe
Coffee, Snacks & Activity



Moving to Music with Art
Sullivan



Tuesday, August 25th



10:30 AM- 12:00 PM



Community Room
Needham Public Library



Art Sullivan will lead us in dance and movement. Art trained with the Mark Morris Dance Group in New York and has taught dance to people of all ages, abilities, and styles. Dancing is good for both the body and the soul! Join us for gentle exercise, great music, and plenty of joy.

Contact Program Manager Stephanie
Knoch for more information:



781-444-2415 x 2030



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needhamcouncil.org/dementiacare

The Memory Cafe
is **FREE!**



NEEDHAM
FREE PUBLIC
LIBRARY



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