



**Attend a free, 1-hour information session
with a trained volunteer Champion to:**

- ✿ Learn the 5 key messages about how dementia affects people.
- ✿ Gain insight into communication changes.
- ✿ Find out how you can make a difference by turning your understanding into action.

Become a Dementia Friend

Location: Needham Community Council
(2nd Floor Learning Lab)

Date: September 15, 2025

Time: 5:00 – 6:00 PM

RSVP: Stephanie Knoch

sknoch@needhamcouncil.org



RSVP HERE

Participants say:

"This has opened my eyes."

"I wish I knew this five years ago when my family was going through it."

"I will be much more aware at work and out in my community."

Dementia Friends is a global movement developed by the Alzheimer's Society in the United Kingdom and now underway in Massachusetts and across the United State. To learn more, visit www.dementiafriendsma.org or contact Beth Soltzberg at bsoltzberg@jfcscboston.org

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