

# MOVING BEYOND COVID-19:

Preparing ourselves and our community for recovery

Educational opportunities for community members, communal professionals, volunteers, lay leaders and Rabbis.

## Morning Keynote: Growth After Trauma

**Monday, April 26th**

**10:00 - 11:30 am**

**For communal professionals and Rabbis**

**No charge but registration is required**



What have we learned from this year of fear, loss and disruption? How can we - as individuals, as a community, as a society - begin to repair ourselves? How do we find the COVID-keepers? Join Dr. Betsy Stone to explore growth after trauma, the impact of the trauma on our community institutions and how to tell our stories and help ourselves and our communities.

**Betsy S. Stone, Ph.D.** is a retired clinical psychologist who currently teaches as an adjunct lecturer at HUC-JIR, teaching pastoral and developmental topics in the School of Education. She gives webinars and seminars to community professionals, volunteers, rabbis and parents on topics as wide ranging as Trauma, Adolescent Spirituality, Gen-Xers as parents, Teenagers and their Brains, Leadership in Crisis, and Stress and Anxiety. During the COVID-19 crisis, Betsy has led numerous webinars on Trauma, Resilience and Post-Traumatic Growth for a wide variety of audiences. She does not like chocolate in any form.

## Register in advance for this webinar:

[https://us02web.zoom.us/webinar/register/WN\\_L2BMA4NIQqeYWuyQ2Fv\\_zg](https://us02web.zoom.us/webinar/register/WN_L2BMA4NIQqeYWuyQ2Fv_zg)

After registering, you will receive a confirmation email containing information about joining the webinar.

## Lunch Hour Keynote: This Moment in Time: Reflections on Jewish Leadership

**Monday, April 26th**

**12:00 - 1:00 pm**

**For communal professionals, Lay Leaders and Rabbis**

**No charge but registration is required**



**Dr. Steven Windmueller** is the Rabbi Alfred Gottschalk Emeritus Professor of Jewish Communal Studies at the Jack H. Skirball Campus of Hebrew Union College-Jewish Institute

of Religion in Los Angeles. Prior to coming to HUC, Dr. Windmueller had served on the staff of the American Jewish Committee (1969-1972), directed the Albany (NY) Jewish Federation (1973-1985), and the JCRC (Jewish Community Relations Committee) of the Los Angeles Jewish Federation (1985-1995). Dr. Windmueller also served for ten years as the Director of its School of Jewish Nonprofit Management.

What are the likely challenges as well as opportunities emerging from this pandemic moment? What are the key trends that seem to be dominating Jewish communal life: demographic-cultural-structural-social-economic? How can we prepare ourselves to manage the changes before us? Join Dr. Windmueller who will be sharing some of his observations about the impact of the COVID 19 on Jewish communities.

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Or Shalom Synagogue

