

# **1-There's several ways to speed-read. by Douglas A Gray**

Monday, April 6, 2020

If you study top millionaires and billionaires from Larry Ellison to Bill Gates, Warren Buffett, Ted Turner, Ross Perot, and the gamut, you'll find they read EVERY DAY!

In fact, Warren Buffet may be the best investor of "all-time"...

If you invested \$10,000 with him in 1965, today you would have \$50 Million Dollars! That's how good this guy is with money.

(Man, I wish I could have invested with him)

He spends most of his day reading. He says in an 8-hour workday, he spends an hour or two trying to get out to meetings and then the other 6 hours reading.

Bill Gates and Warren Buffett were asked, "if you could have 1 super-power, 1 magical power... what would it be?"

Guess what they said...They both said it would be the ability to read faster than anyone in the world!

For you to be able to read faster with more comprehension, it will give you

A.) more knowledge faster, & B.) A competitive edge over everyone else, right?

So let's get to it...

**There's several ways to speed-read. Some of these include:**

- The Push Method & The Pull Method As well as Speed Skimming

**The most effective system we've found is called the Gold-Mining System.**

The idea is to read through the book 3 times. Each time you read through it, focus on finding the gold nuggets, hence "gold-mining".

Since most books only have a few gold nuggets, the publishers typically fill the rest with stories and "fluff". Your objective is to skip the "fluff" and mine the golden nuggets.

Let's base this example on a 230-page business book.

**First pass through the book: (shouldn't take more than 5-10 minutes)**

- Read the back cover & then Read the table of contents
- Read the introduction & then Flip through entire book and read maybe a page from each chapter

Try to use this phase as a very high-level reading to catch main ideas and grasp understanding about what the book is actually about.

**Second pass through the book: (shouldn't take more than 15-20 minutes)**

- Read a couple pages from each chapter (it doesn't have to be the first 1-2 pages because sometimes books start with stories or the fluff.)
- No rules, just skip around and read a couple pages from each chapter that provide you with the main point of each chapter.

**Third and final pass: (should take about 30 minutes)**

- Read the first sentence of each paragraph & It's okay to skip some paragraphs

Last secret: if someone were to quiz you on the book versus someone that read every single last word, it would be near impossible for the quizzer to tell the difference! That's it Try it. It will change your life! **by Douglas A Gray**

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## Speed Reading Exercises



**Why successful people,  
Billionaires, Millionaires  
read a lot ?**

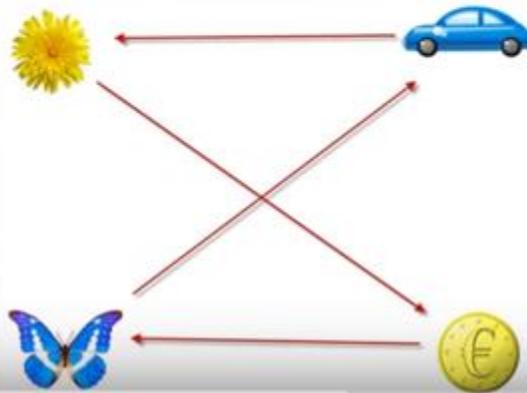
**More Wealth  
More Clients  
More Peace  
More Love**

**UNITED REALTY**  
of Canada Inc. Brokerage

Sponsor : United Realty of Canada

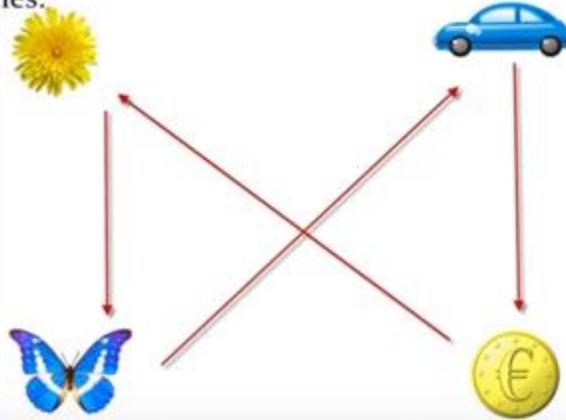
### 1. The first and basic speed reading exercise – Make your eyes stronger:

Move your eyes between the pictures in this order:  
Car – Flower – Coin – Butterfly.  
Do it about 10 times.



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Now, Move your eyes between the pictures but this time in this order: Car-Coin-Flower-Butterfly. Repeat this for ten cycles:



If you feel pains or tired, stop, and close your eyes for few seconds.  
~~Every day, repeat this exercise.~~

### 2. The view vision speed reading exercises:

Most of the readers read each word separately, and read every word as if they really say it.  
Speed readers read in bulks. They look at the paragraph as if it's a picture – They read about 6-12 words all together. They even read few lines together. How can you learn to read in bulks?  
I want you to focuses at the dot, in the middle of the picture, and without moving your eyes, read out loud the letters around the dot:

A	F	C
D	●	H
G	B	E

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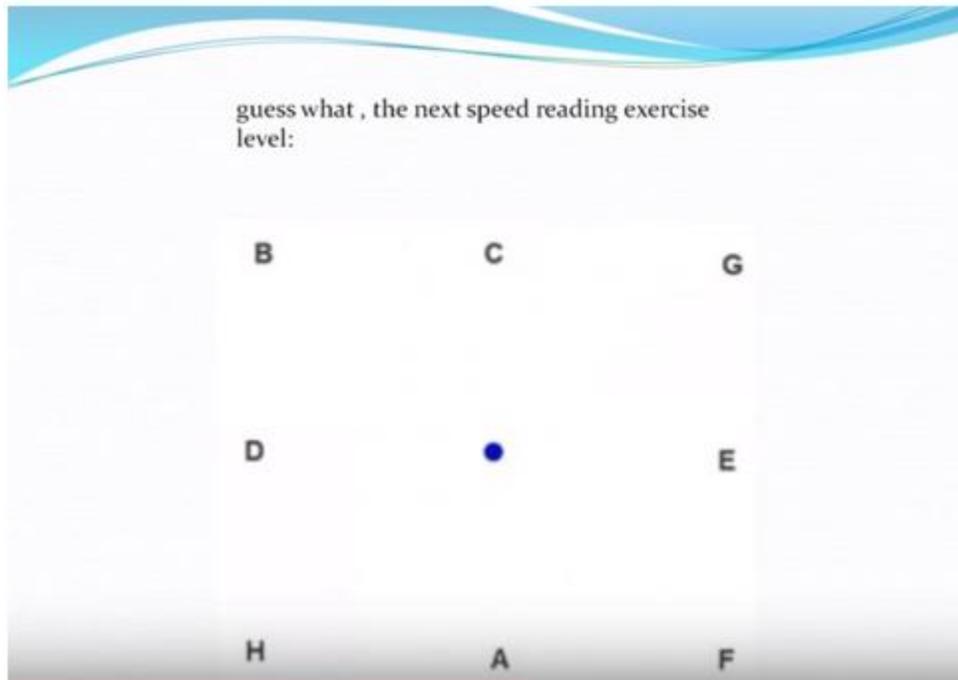
The same exercise - focuses at the dot, in the middle of the picture, and without moving your eyes, read out loud the letters around the dot:

be	re	me
do	●	fa
ci	so	la

Next level, The same idea, focuses on the dot in the center, and read the letters around it without moving your eyes:

Aba	Kor	Ima
Sir	●	Min
Sab	Ron	Ram

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## 3. The two stop method:

The Stop Invented by and the main technique movement. Instead of read to look at every line twice only. line, and second after the third third. aincrease your reading speed and your eyes will not be exhausted. If you will keep practice this method, you will be able to read full lines without moving your eyes!	two method Wade E Cutler is to minimize the eye each word separately try First after the first third of the That speed reading exercise will
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Believe me, it's possible!

