



Musings

Christina Butterworth



June is here! Hopefully this brings more flowers, sunny, warmer temperatures (at least here in WNC!). What will June bring us? Happy sunny days? Memories with family to last a lifetime? Every single day we are alive brings us

something. Everything from joy, laughter, happiness, surprises, awe, wonder, to the more negative things in life including passing of people that we love, health diagnosis, etc.

When those happy moments happen, we are grateful, and it makes us uplifted but are we prepared for those times when we get bad news. Everything from something at work that we don’t like, to really bad things, like losing someone we love, or having something happen that is so profound negatively that we must rely on our family, friends, and faith in God. How are we equipped to handle negative things? I know for me it varies; sometimes I am in much better shape spiritually than other times. How is it for you? I have friends and some seem to be in good shape spiritually all the time. A special friend’s faith is so deep that I am in awe of her. I wonder how that happens.

Anyone that knows me knows that being a Priest’s spouse has had a deeply profound change in me spiritually – and not for the good. I tell people I was a great Military Spouse but not so much as a priest’s spouse. To counter this I take classes online, read, pray, walk in nature and practice Spiritual Direction with someone who I admire greatly. I want to get that deep connection back. I just did a retreat with fellow clergy spouses in our diocese. It was a time of truth telling, great laughter and healing.

We need to find our people! Christ with skin on! I am feeling much more back on track. And that is what I want for each of you. If you are feeling disconnected, find your people that make you laugh, cry and you can be totally yourself with. Those people are Christ with skin on. Talk, laugh and cry. I hope you’ll be feeling reconnected soon. Happy June – enjoy the beauty!



World in Prayer

World In Prayer was started by a member of the Episcopal Church of St. John the Baptist, in Lodi, CA, USA, in August 2001, for two purposes:

- To provide a weekly summary of international news with accompanying prayer (now posted – normally – late every Thursday night)
- To model and teach ways of praying in response to international news and invite others to deepen their own prayers for the needs of the world (see the materials in the “Our Prayer Resources” section. Also, if

you’re curious, the full story of how World In Prayer came to be started can be found in that section, in the first chapter of the *Praying for the World* course.)

It is still a ministry under St. John’s, but since that time, the all-volunteer team who take turns writing and posting the weekly prayers has grown to 15 members, living in three countries (two continents), and representing a half dozen different denominations. Our readers come from all over the world. We hope to continue expanding the diversity of voices who share in this ministry. Read more here: [World in Prayer](#).



Membership Directory Update

An updated membership directory will be mailed around July 1. Please send any updates and or corrections to:

membership@theepiscopalcommunity.org



Summer Fun – A Spiritual Practice

This summer Patti and I (Chris) talked about what we might come up with that would be fun and not take a lot of your time. So.... get your phone’s camera ready to take a pic a day that speaks to you for any reason. Something that makes you happy or makes you think!!

Not feeling like taking a pic? No problem! Patti would love to read your Haikus. I am not a Haiku person (I like reading them but don’t think I have any talent whatsoever!). However, I will give it a shot! This is all in good creative fun!

So, get a great pic of a grandchild, or a sunset, a flower, something that speaks to you; write a meditation (haiku or other) on something that moved you. Send your offerings to communications@theepiscopalcommunity.org to be featured in an upcoming issue or posted to our Facebook group.



Compline Schedule

- June 04 – Sylvia James
- June 11 – Cynthia Sand
- June 18 – Barbara Willis
- June 25 – Patti Joy Posan

Compline is the practice of evening prayer. The community offers compline over Zoom each Sunday Evening at 5PM CST. Please join us! If you would like to lead compline, please contact Please contact Becky Taylor at bekatay@me.com



Event Calendar

2023

Meetings are on Zoom unless otherwise noted.

Sunday evening Compline, weekly at 6:00 PM CST
Friday Morning Prayer, weekly at 9:00 AM CST

23-25 June – Province VIII Annual Meeting, SLC, UT.
13-July, 4:00 PM - Executive Committee
27-July, 4:00 PM - Circle of Leadership
28-Sept, 4:00PM CST - Annual Meeting 2023
2024
30-June – 09-July – General Convention 81,
Louisville, KY



What We are Reading

Barbara Willis



The Book of Longings by Sue Monk Kidd. Grounded in meticulous research and written with a reverential approach to Jesus's life that focuses on his humanity, *The Book of Longings* is an inspiring, unforgettable account of one woman's bold struggle to realize the passion and potential inside

her, while living in a time, place and culture devised to silence her. It is a triumph of storytelling both timely and timeless, from a masterful writer at the height of her powers. Ms. Kidd is the author of *The Secret Life of Bees*.

What are you reading? Share a book, or an author with us. Remember Summer is here and that means beach reads!



Have you something to share?

Do you have a talent or gift you share with others? Do you feed the hungry, collect clothing for those in need, provide supplies for shelters or youth hostels? Do you knit for the Merchant Marines or for children's hospitals? Do you read to the elderly? What is it that helps you to fulfill your baptismal vows? We want to hear from you! Do you have a talent for storytelling, poetry, photography? We want to hear from you!

Send a brief article, poem, or story with a picture to communications@theepiscopalcommunity.org, and we will feature it in an upcoming issue. Don't forget a picture of you, your project, or your group!



June Birthdays

Nancy Young Lola Culbreath
Melody Rowland Beverly Temple



Your contributions make a difference!

If you haven't already, click the link below to get started. Donations to individual funds may be made through PayPal or by check mailed directly to The Episcopal Community, P.O. Box 242, Sewanee, TN 37375



Recipes of the Month

Summer Fresh Peach Pie

Becky Taylor



Ingredients

5 to 6 peaches, medium size
1–9-inch unbaked pie crust
1 cup sugar
2 tablespoons butter, melted
2 beaten eggs
1 tablespoon vanilla
1 dash cinnamon
1 teaspoon grated nutmeg (or to taste)

Instructions

Peel peaches and slice in quarters. Place in pie shell. Mix sugar, butter, eggs, vanilla, cinnamon, and nutmeg. Pour over peaches. Bake at 400° for approximately 30 minutes.

Enjoy!



Tuna Avocado Salad

Patti Posan

Ingredients

1 large ripe avocado
1/2 teaspoon kosher salt
1/4 teaspoon garlic powder
1 lime juiced
1 tablespoon minced red onion optional
1 teaspoon minced jalapeno optional
3 ounces wild albacore tuna can or pouch

Instructions



Cut the avocado lengthwise around the seed. Twist the avocado open and then carefully tap the back of a knife into the pit. Twist and then lift straight up to remove. Use a spoon to remove the flesh from the avocado and place it in a

medium mixing bowl.

Add salt, lime juice, and garlic powder and mash the avocado until creamy and smooth with a fork. Add jalapeno, onion, and cilantro and stir to combine.

Add the tuna and stir until the tuna is evenly distributed throughout the avocado mixture.

Serve on a sandwich, in a wrap, in a lettuce wrap, on crackers or alone.

If you want this tuna salad to be heavier on the tuna, use 2 pouches for the same amount of other ingredients in the recipe. Just add an additional 1/2 teaspoon of salt.