About Dr. Stacy L. Onofrietti, RDH, MS, PhD, CHP, FADHA



Dr. Stacy Onofrietti is NJDHA Immediate Past President, Chair of the Awards Committee, Central component Secretary, NJ Oral Health Coalition Member, and Give Kids A Smile Liaison. Dr. Onofrietti serves on the NJDHA advocacy committee and is a legislative spokesperson for NJDHA. She has successfully developed, implemented and sustained multiple access to care programs, like the NJ Migrant Children Dental Program and Share A Smile Program for underinsured and underrepresented populations. Dr. Onofrietti is a HIPAA certified professional, OSHA certified, and performs regulatory compliance needs for over 15 years. She has been a registered dental hygienist for over 25 years, is an ADHA Hygienist Inspired Program Ambassador, and an ADHA fellow.

She has a PhD from Texas Tech University in educational leadership and policy, as well as a master's degree in nutrition and in health education. She has designed hybrid and online educational programs and courses for dental hygiene, nutritional sciences and health education in higher and continuing education and has held faculty positions for over 12 years in nutrition, health sciences and dental hygiene. As an author and researcher, her past and present studies include nutrition curriculum implementation in healthcare programs, oral systemic health, uninsured children dental care programs, and teledentistry to create access to care.

Dr. Onofrietti is an advocate for her profession of dental hygiene and for the transformational power of volunteerism throughout life's journey. Her efforts currently reside in interdisciplinary collaboration amongst dental and medical professionals and creating awareness through research and education on nutrition and the oral systemic link for the holistic view of patient's overall health.

Course Description

This course will provide the impact of nutrition on the oral systemic connection and the intertwining of oral health and systemic health for patient's overall health. The course will recognize common oral health issues, provide proper nutrition and diet, identify risks associated with increased bacteria, oral disease, and optimal oral hygiene during maternal and infant stages of the lifespan. The course will determine the importance of oral health professionals on an interdisciplinary healthcare team to bring connection to medical and dental integration.

Learning Objectives:

1) Explain the connection between nutrition, oral health, and systemic health.
2) Identify common oral health conditions and associated risk factors.
3) Discuss the role of proper nutrition and oral hygiene throughout maternal and infant stages.
4) Recognize the impact of oral bacteria and disease on overall health.
5) Describe the role of oral health professionals in interdisciplinary healthcare and medical-dental integration.

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