



Hewa Bora "Fresh Air" Farm

Introducing Hewa Bora "Fresh Air" Farm in Ward 5

on Edgewood Avenue adjacent to the Akron Zoo

Shanti Community Farms' New Urban Farm Project 2022

Important Details about the New Urban Farm

<u>LOCATION</u>: The lots run along two blocks of Edgewood Ave. incorporating the cross streets of Monroe St. and Bishop St. to Euclid Ave. adjacent to the Akron Zoo property.

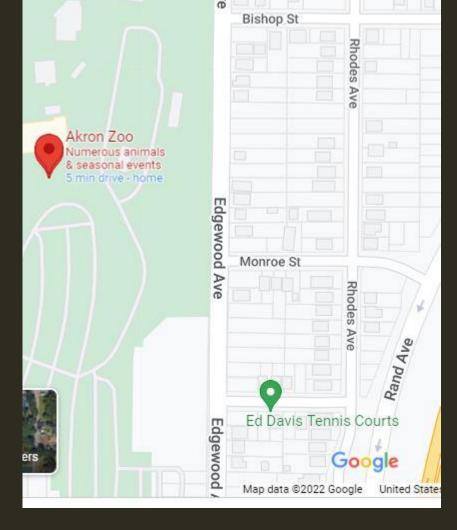
<u>CROPS</u> Primarily native ssed of Africa and Nepal including kenga lenga, peanuts,hot peppers, corn beans

SOIL: Tested and determined that there is no contamination. Tested by UMass Ag Extension, April 2022.

IRRIGATION: Two fire hydrants located strategically within this footprint.

STRUCTURES CURRENT & FUTURE:

- Farm stand, storage shed and picnic shelter
- High tunnel and container gardens
- Compost bins and rain barrels
- Educational facility including a class room and restrooms within the first five years.





Established 2017 in Akron OH Shanti Community Farms

Mission

- SCF works with local inner city neighborhoods offering farming/gardening opportunities on urban vacant lots.
- SCF is designed to preserve and showcase the agricultural, and additionally, the original cultural heritage of Akron area immigrant families and youth.,
- The company name "Shanti" appropriately means "peace" in Nepali.
- The new urban farm name "Hewa Bora" means "fresh air" in Swahili.

SCF PROGRAMS & SERVICES

- <u>Farmers Market</u> (June-October)
 July-September, location TBD
- <u>Yard Corps</u> Student work crews paid with stipends for performing outdoor maintenance services at private homes, churches, farms and businesses.
- A Golden Time Picnics Food prep, serving and performing for customers who pay for a full-service catered picnic.
- English Language/GED Classes For interested adult learners
- Youth Student Tutoring Brush up on language arts and math classes
- I-Pop Dance Performance Currently Black Beanz (African Bongo Flava)
 & Hot Pepperz (Nepali, Hindi, Bollywood)

Urban Farms North Hill/West Hill







Yard Corps 12-17 yr-old work crews







Golden Time Picnic, Farmers Market & Cultural Teen Performance







Around Akron with Blue Green January premiere is this Saturday (1/15) at 9:30 pm on PBS Western Reserve. This month I visit with Mac Love of ART x LOVE to discuss murals, art, the Akron Stories Rubber Worker Project, and Akron on Deck playing cards. I travel down to Summit Metro Parks Valley View Area for a two-part segment to learn all about the trails, Himelright Lodge, and how they conserve the land. I then go up to North Hill to visit The Black Beanz - Akron to learn all ... See more



Farm to School/Tutoring/TESOL







Urban Farm Participants

A major urban agricultural training facility for economic development and education. Starting a new urban farm adjacent to the Zoo for the neighborhood community, the African and Bhutanese immigrant families steeped in agriculture and the new I Promise Village residents.

- Neighborhood residents will be provided with 10' x 20' garden plots available, some in elevated containers.
- African/Congoleses farm families growing native seed crops, including maize, peanuts and langa langa (amaranthe).
- Bhutanese/Nepali families growing native seed crops, including mustard greens, hot peppers and snake gourd.
- Once the I Promise Village is completed, members of that community will also participate in the urban farm experience.

Community Benefits of Urban Farm

- Economics Cut family food costs for food consumed by participating gardeners.
- Nutrition Local fresh food promotes healthy diet.
- Health The act of growing that food also boosts physical and mental health.
- <u>Community Education</u> Urban farming adds and preserves green space in cities, providing places for neighbors to come together, strengthen bonds, and build community cohesion.
- <u>Sustainability</u> Cultivated land prevents runoff stormwater from overloading sewer systems and polluting waterways. Attract pollinators like bees and keep city neighborhoods cooler, minimizing the health impacts of heat island effect.

Thank you to our PARTNERS

Akron Zoo

City of Akron

Akron Public Schools

University of Akron

Kent State University Stark

South Street Ministries
Bicycle Clinic

Let's Grow Akron

Summit County Master Gardeners

OSU Extension-Summit County

Summit Food Coalition

I Promise Village

International Institute of Akron

IN THE MEDIA SPOTLIGHT

Around Akron with Blue Green 2018: 240 Tallmadge garden first year 2018

https://www.youtube.com/watch?v=BW7sXMVuhzM

Cleveland Ideastream Public Media Bhata Rizal is Sharing his Frming Heritage with Immigrants in Akron

https://www.https://www.ideastream.org/community/2023-01-31/hes-sharing-his-farming-heritage-with-immigrants-in-akron

Action News 5 Cleveland: Student Farmers Market at Exchange House 2021

https://www.news5cleveland.com/news/local-news/akron-canton-news/shanti-community-farms-highlights-the-agricultural-heritage-of-akrons-north-hill-neighborhood