



nami

National Alliance on Mental Illness

Guadalupe County



nami Connection

National Alliance on Mental Illness RECOVERY SUPPORT GROUP

NAMI Connection Recovery Support Group is a peer-led support group for any adult who has experienced symptoms of a mental health condition. We meet on Zoom the first and third Mondays of each month at 6:30 PM. May dates are the 3rd and 17th.

Register here:

<https://us02web.zoom.us/meeting/register/tZAuce6hqTgqHtzulJ0hM4TN0IJLc-X8622>



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National Alliance on Mental Illness

Family Support Group

NAMI Family Support Group is a peer-led support group for any adult with a loved one who has experienced symptoms of a mental health condition. We meet on Zoom the first and third Wednesdays of each month at 6:30 PM. May dates are the 5th and 19th.

Register here:

<https://us02web.zoom.us/meeting/register/tZMtdeiqpzwrE9fBqTB-VjOZmm7dA1fVPXI>