

# Healing Holidays- *Making Your Grief Count*

Grief during the Holidays is always challenging, and even more so in this past year. The season of the holidays renews memories, family ties, and traditions. We become painfully aware that our loved one is no longer present. Learning to navigate a changing world combined with the sorrow of our loss causes us to grieve on many levels. How do we allow ourselves in these times to “make our grief count” and find our resilience?

These workshops will help participants learn self care and coping skills to prepare for the holidays. This will help families to embrace their grief, while strengthening characteristics of resilience. Participants will use the holidays to discover how their loved one can live on into their life story, using this special time to continue to heal.

## October 21, 2021

Thursday, 2:00pm-3:30pm

### **St. Paul Community Center**

1201 Donaldson, San Antonio, TX 78228

Presenter: April Moxley, LMSW

Contact: Virginia Valenzuela, 210-733-7152 x123

## October 23, 2021

Saturday, 2:00pm-3:30pm

### **Northside Church of Christ**

19818 US-281, San Antonio, TX 78258

Presenter: Fay Green, LMFT, LPC

Contact: Bob Bettis, 210-659-4068

## October 30, 2021

Saturday, 2:30pm-4:30pm

### **St. Joseph Catholic Church—Honey Creek**

St. John's Hall

25781 Hwy. 46, Spring Branch, TX 78070

Presenter: Molly O'Phelan, PhD

Contact: Judy Pawelek, 210-279-2799

## November 2, 2021

Tuesday, 1:00pm-2:30pm

### **Christ Episcopal Church**

501 Belknap Place, San Antonio, TX 78212

Presenter: Lucy Ziegler, MA, LPC

Contact: Karen Von Der Bruegge, 210-736-3132

## November 2, 2021

Tuesday, 6:30pm-8:00pm

### **Pride Center San Antonio**

1303 McCullough, Suite 160, San Antonio, TX 78212

Presenter: Darwin Huartson, M. Div., BCC

Contact: Pride Center, 210-370-PRIDE(7743)

## November 3, 2021

Wednesday, 1:00pm-2:30pm

### **Northwest Hills United Methodist Church**

7575 Tezel Road, San Antonio, TX 78250

Presenter: Celeste Miller, MA, LPC

Contact: Lynda Byrd, [lbyrd16@sbcglobal.net](mailto:lbyrd16@sbcglobal.net)

## November 4, 2021

Thursday, 7:00pm-9:00pm

### **St. Matthew's Catholic Church**

Monsignor McDonald Family Center-Room 104

10703 Wurzbach Road, San Antonio, TX 78230

Presenter: Bruce Orey

Contact: Bruce Orey, 210-478-5036

## November 6, 2021

Saturday, 10:00am-12:00pm

### **St. John Neumann Catholic Church**

6680 Crestway Drive, San Antonio, TX 78239

Presenter: Molly O'Phelan, PhD

Contact: Maggie Medina, 210-602-1633

## November 9, 2021

Tuesday, 7:00pm-8:30pm

### **Zion Lutheran Church (FLC, Room 101)**

9944 Leslie Road, San Antonio, TX 78254

Presenter: Chaplain John Hornsby

Contact: Dave Newman, 210-859-7860

## November 11, 2021

Thursday, 6:00pm-7:30pm

### **Abode & Church of Reconciliation**

8900 Starcrest Drive, San Antonio, TX 78217

Presenter: Chaplain Edwin Sasek

Contact: Abode, 210-967-9891

Porter Loring Mortuaries & Cremation Services offers these workshops free of charge throughout the community and you are invited to attend one that is convenient for you. Please see back side for additional workshops being offered.

**November 14, 2021**

Sunday, 12:00pm-1:30pm (lunch served)  
**The Rock United Methodist Church**  
395 E. FM 1518 S., St. Hedwig, TX 78152  
Presenter: Deana Kirby, LPC, BCC  
Contact: Deana Kirby, 210-859-2366

**November 14, 2021**

Sunday, 3:00pm-5:00pm  
**Emanuel's Lutheran Church**  
206 North Travis Street, Seguin, TX 78155  
Presenter: Darwin Huartson, M. Div., BCC  
Contact: Donna Simmons, 830-556-3542

**November 16, 2021**

Tuesday, 6:30pm-8:00pm  
**Abiding Presence Lutheran Church (Room 202)**  
14700 San Pedro Avenue, San Antonio, TX 78232  
Presenter: Chaplain Brad Kendall, M. Div.  
Contact: Sue Evans, 210-494-8884

**November 16, 2021**

Tuesday, 6:00pm-7:30pm  
**San Antonio Oasis**  
700 Babcock, San Antonio, TX 78201  
Presenter: Darwin Huartson, M. Div., BCC  
Contact: Chelsea Carriker, 210-236-5954

**November 18, 2021**

Thursday, 3:00pm-4:30pm  
**Christ Lutheran Church**  
6720 Broadway, San Antonio, TX 78209  
Presenter: Rev. Emily Davis, Chaplain  
Contact: Carolyn Dufelmeier, 210-416-1596

**November 18, 2021**

Thursday, 6:30pm-8:00pm  
**Christ Lutheran Church**  
6720 Broadway, San Antonio, TX 78209  
Presenter: Chaplain Edwin Sasek  
Contact: Carolyn Dufelmeier, 210-416-1596

**November 18, 2021**

Thursday, 7:00pm-8:30pm  
**Our Lady of Perpetual Help Catholic Church**  
16075 North Evans Road, Selma, TX 78154  
Presenter: Tony Deosdade  
Contact: Sister Leonita, 210-651-6913

**December 2, 2021**

Thursday, 11:30am-1:00pm  
**Virtual-via Zoom\***  
\*Call in information will be provided after registration  
Presenter: Darwin Huartson, M.Div., BCC  
Contact: Darwin Huartson, 210-227-8221 or  
dhuartson@porterloring.com

**December 8, 2021**

Wednesday, 6:30pm-8:00pm  
**Virtual-via Zoom\***  
\*Call in information will be provided after registration  
Presenter: Celeste Miller, MA, LPC  
Contact: Celeste Miller, 210-227-8221 or  
cmiller@porterloring.com

**December 14, 2021**

Tuesday, 6:30pm-8:00pm  
**Pride Center San Antonio**  
1303 McCullough, Suite 160, San Antonio, TX 78212  
Presenter: Darwin Huartson, M. Div., BCC  
Contact: Pride Center, 210-370-PRIDE(7743)